Contents

Volume 55 Issue 19 | BJSM October 2021

Warm up
1061 No limits in the future of sports and exercise medicine!
J Bjorneboe, A Wangensteen

Editorials
1063 Nuisance or necessity? Why robust peer review is critical for medical science
J Patricios, J Kemp, J S Thornton, J Drezner

1064 Realist synthesis in sport and exercise medicine: ‘time to get real’
A Gledhill, D Forsdyke

1066 Copenhagen adduction exercise can increase eccentric strength and mitigate the risk of groin problems: but how much is enough?
L Ishei, K Thorborg

Consensus statement
1068 Para sport translation of the IOC consensus on recording and reporting of data for injury and illness in sport

Original research
1077 Injury incidence, severity and profile in Olympic combat sports: a comparative analysis of 7712 athlete exposures from three consecutive Olympic Games
R P Lystad, A Alevras, J Rudy, T Soligard, L Engebretsen

Injury rates decreased in men’s professional football: an 18-year prospective cohort study of almost 12 000 injuries sustained during 1.8 million hours of play
J Ekstrand, A Spreo, H Bengsson, R Bahr

Resuming professional football (soccer) during the COVID-19 pandemic in a country with high infection rates: a prospective cohort study
Y O Schumacher, M Tabben, K Hassoun, A Al Marwani, I Al Husain, P Coyle, A K Abbassi, H T Ballan, A Al-Kuwari, K Chamari, R Bahr

Physical inactivity is associated with a higher risk for severe COVID-19 outcomes: a study in 48 440 adult patients
R Sallis, D R Young, S Y Tartof, J F Sallis, J Sail, Q Li, G N Smith, D A Cohen

Management of plantar heel pain: a best practice guide informed by a systematic review, expert clinical reasoning and patient values
D Morrissey, M Catchett, A Said J'Bari, T Prior, I B Griffiths, M S Rathleff, H Guille, B Vezzuzio, C J Barton

Electronic page
1084 Correction: Serum androgen profile and physical performance in women Olympic athletes

Subscription information
British Journal of Sports Medicine is published monthly; subscribers receive all supplements

Institutional rates 2021
Print £952

Online Site licences are priced on FTE basis and allow access by the whole institution. Details available online at http://journals.bmj.com/content/subscribers/bjsm

Personal rates 2021
Print (includes online access at no additional cost) £334

Online only £198

This article has been chosen by the Editor to be of special interest or importance and is freely available online.

This article has been made freely available online under the BMJ Journals open access scheme.
See http://bjsm.bmj.com/site/about/guidelines.html#openaccess

This journal is a member of and subscribes to the principles of the Committee on Publication Ethics www.publicationethics.org

The online version of this article contains multiple choice questions hosted on BMJ Learning.