

Study	Randomization Process	Effect of Assignment to Intervention	Appropriate Analysis	Effect of Adhering to Intervention	Missing Outcome Data	Measurement of Outcome	Selection of Reported Result	Overall Risk of Bias
Atchia	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk
Battaglia	Some Concerns	Low Risk	Some Concerns	Low Risk	Low Risk	Low Risk	Low Risk	Some Concerns
Brander	Low Risk	Low Risk	Low Risk	Some Concerns	Low Risk	Low Risk	Low Risk	Some Concerns
Dallari	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk
Di Sante	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk
Doria	Some Concerns	Low Risk	Some Concerns	High Risk	Low Risk	Low Risk	Some Concerns	High Risk
Lambert	Low Risk	Low Risk	Some Concerns	High Risk	High Risk	Low Risk	Low Risk	High Risk
Migliore	Low Risk	Low Risk	Some Concerns	Low Risk	Some Concerns	Low Risk	Low Risk	Some Concerns
Qvistgaard	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk
Richette	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk	Low Risk
Spitzer	Low Risk	Low Risk	Low Risk	High Risk	High Risk	Low Risk	Low Risk	High Risk

Online Supplementary Figure 1. Risk of Bias summary.