

It is Women & Sports at #sportfizio2021

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The Swiss Sports Physiotherapy Association (SSPA) will hold—hopefully—its 19th annual conference on 19 November 2021 in Bern, capital of Switzerland and home of this event since 2005 (figure 1).

The goal of SSPA has always been to organise a high-quality scientific congress featuring international high-profile speakers. We invite you to relive all our conferences (since 2013) on our YouTube channel (<https://www.youtube.com/channel/UCMYW4Y-v3IXeANv-uD3R0FYA>), a free educational resource for the sports physical therapy (PT) and medicine community.

#SPORTFIZIO2021

Following our conference tradition, we would like to promote gender equality among presenters¹: this year we will showcase an all-women panel at ‘Women & Sports!’

The 2021 conference will, therefore, feature some of the most respected clinicians and researchers from sport and exercise medicine worldwide: Jane Thornton (Canada), Kari Bo (Norway), Holly Silvers-Granelli (USA) will be among our accomplished experts in the conference line up!

Despite a stunning lack of research,² we have recently seen an important growth of initiatives and projects in women athletes, an unfortunately too often neglected field.

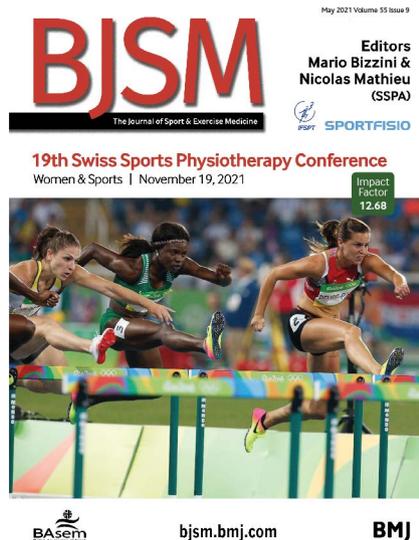
Instead of repeating ‘that more research is needed’, #sportfizio2021 aims to underpin the need to disseminate the

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current evidence-based knowledge about Women & Sports.

IN THIS 11TH SWISS SPORTFIZIO ISSUE—A BJSM MEMBER SOCIETY SINCE 2011

This 11th Swiss Sports PT annual issue of *BJSM* includes contributions covering some of the most relevant areas in our clinical sports PT practice: tendinopathy, lower back, ankle, running and soccer are covered with excellent original papers, reviews, editorials and infographics.

We would like to point your attention to the ‘patient voices’ (see page 515), where the author (Melissa Romano) reminds us that ‘listening first’ (before talking) to our patients/athletes is of crucial importance. This fits well into the need of a biopsychosocial approach, as brilliantly discussed by Linda Truong *et al* in their editorial (see page 466). Sports medicine and sports PT should not only fully recognise physical, psychological, social and contextual factors, but also integrate them all into the athlete’s management, from injury to return to sport!

KEEP IN TOUCH!

As always, keep track of the SSPA (@SportfizioSwiss) and *BJSM* (@BJSM_BMJ) via your favourite social media channel(s) and keep your member society abreast of what you want in your clinical sports medicine and physiotherapy career. That is how you find out about terrific value for sports clinicians. Such as the newly launched ‘e-issues’ of *BJSM* (<https://bjsm.bmj.com/pages/bj-sm-e-editions/>). They add to the normal 20 issues and 4 IOC-supported Injury Prevention Health Protection issues.

Enjoy this Swiss issue of *BJSM*, keep safe and we hope to catch you in person in Bern—or virtually (as was the case in 2020)—on 19 November 2021!

Contributors MB and NM both contributed to the manuscript.

Funding The authors have not declared a specific grant for this research from any funding agency in the public, commercial or not-for-profit sectors.

Competing interests None declared.

Patient consent for publication Not required.

Provenance and peer review Commissioned; internally peer reviewed.

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To cite Bizzini M, Mathieu N. *Br J Sports Med* 2021;**55**:461.

Accepted 15 February 2021

Br J Sports Med 2021;**55**:461.

doi:10.1136/bjsports-2021-104115

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