

**Appendix C. PEDro scores of included Randomised Controlled Trials**

Source	Eligibility criteria	Random allocation	Concealed allocation	Baseline comparability	Blind subjects	Blind therapists	Blind assessors	Adequate follow-up	Intention-to-treat analysis	Between-group comparisons	Point estimates and variability	Total score
Haufe <sup>27</sup> (2017)	Yes	Yes	No	Yes	No	No	Yes	No	Yes	Yes	Yes	6
Chaleat-Valayer <sup>8</sup> (2016)	Yes	Yes	Yes	Yes	No	No	Yes	Yes	Yes	Yes	Yes	8
Irvine <sup>29</sup> (2015)	Yes	Yes	No	Yes	No	No	No	Yes	No	Yes	Yes	5
Barene <sup>17</sup> (2014)	Yes	Yes	Yes	No	No	No	No	No	Yes	Yes	Yes	5
Pedersen <sup>34</sup> (2013)	Yes	Yes	No	Yes	No	No	No	No	Yes	Yes	Yes	5
Eggen <sup>21</sup> (2012)	Yes	Yes	Yes	Yes	No	No	Yes	Yes	No	Yes	Yes	7
Kamioka <sup>30</sup> (2011)	Yes	Yes	Yes	Yes	No	No	No	No	No	Yes	Yes	5
Driessen <sup>20</sup> (2011)	Yes	Yes	No	Yes	No	No	No	No	Yes	Yes	Yes	5
Pedersen <sup>35</sup> (2009)	Yes	Yes	No	No	No	No	Yes	No	Yes	Yes	Yes	5
Fanucchi <sup>22</sup> (2009)	Yes	Yes	Yes	Yes	No	No	No	Yes	No	Yes	Yes	6
Warming <sup>40</sup> (2008)	Yes	Yes	Yes	Yes	No	No	No	No	Yes	Yes	Yes	6
Ijzelenberg <sup>28</sup> (2007)	Yes	Yes	Yes	Yes	No	No	No	No	Yes	Yes	Yes	6
Menzel <sup>33</sup> (2006)	Yes	Yes	No	Yes	No	No	No	No	No	Yes	Yes	4
Jensen <sup>7</sup> (2006)	Yes	Yes	No	Yes	No	No	No	No	No	Yes	Yes	4
Garshasbi <sup>23</sup> (2005)	Yes	Yes	Yes	Yes	No	No	Yes	Yes	No	Yes	Yes	7
Gatty <sup>24</sup> (2004)	No	Yes	No	Yes	No	No	No	No	No	Yes	Yes	4
Ketola <sup>31</sup> (2002)	Yes	Yes	No	Yes	No	No	Yes	Yes	No	Yes	Yes	6
Yassi <sup>41</sup> (2001)	Yes	Yes	No	Yes	No	No	No	Yes	No	Yes	Yes	5
Soukup <sup>37</sup> (2001)	Yes	Yes	Yes	Yes	No	No	No	Yes	Yes	Yes	Yes	7
Glomsrod <sup>25</sup> (2001)	Yes	Yes	No	Yes	No	No	No	Yes	Yes	Yes	Yes	6
Soukup <sup>36</sup> (1999)	Yes	Yes	No	Yes	No	No	No	Yes	No	Yes	Yes	5
Lonn <sup>32</sup> (1999)	Yes	Yes	No	Yes	No	No	No	Yes	No	Yes	Yes	5
van Poppel <sup>39</sup> (1998)	Yes	Yes	Yes	Yes	No	No	No	Yes	Yes	Yes	Yes	7
Tuchin <sup>38</sup> (1998)	No	Yes	No	No	No	No	No	No	No	Yes	Yes	3
Gundewall <sup>26</sup> (1993)	No	Yes	No	No	No	No	No	Yes	No	Yes	Yes	4
Donaldson <sup>18</sup> (1993)	Yes	Yes	No	Yes	No	No	No	No	No	Yes	Yes	4
Donchin <sup>19</sup> (1990)	Yes	Yes	No	Yes	No	No	No	No	Yes	Yes	No	4

Abbreviation: PEDro, Physiotherapy Evidence Database.