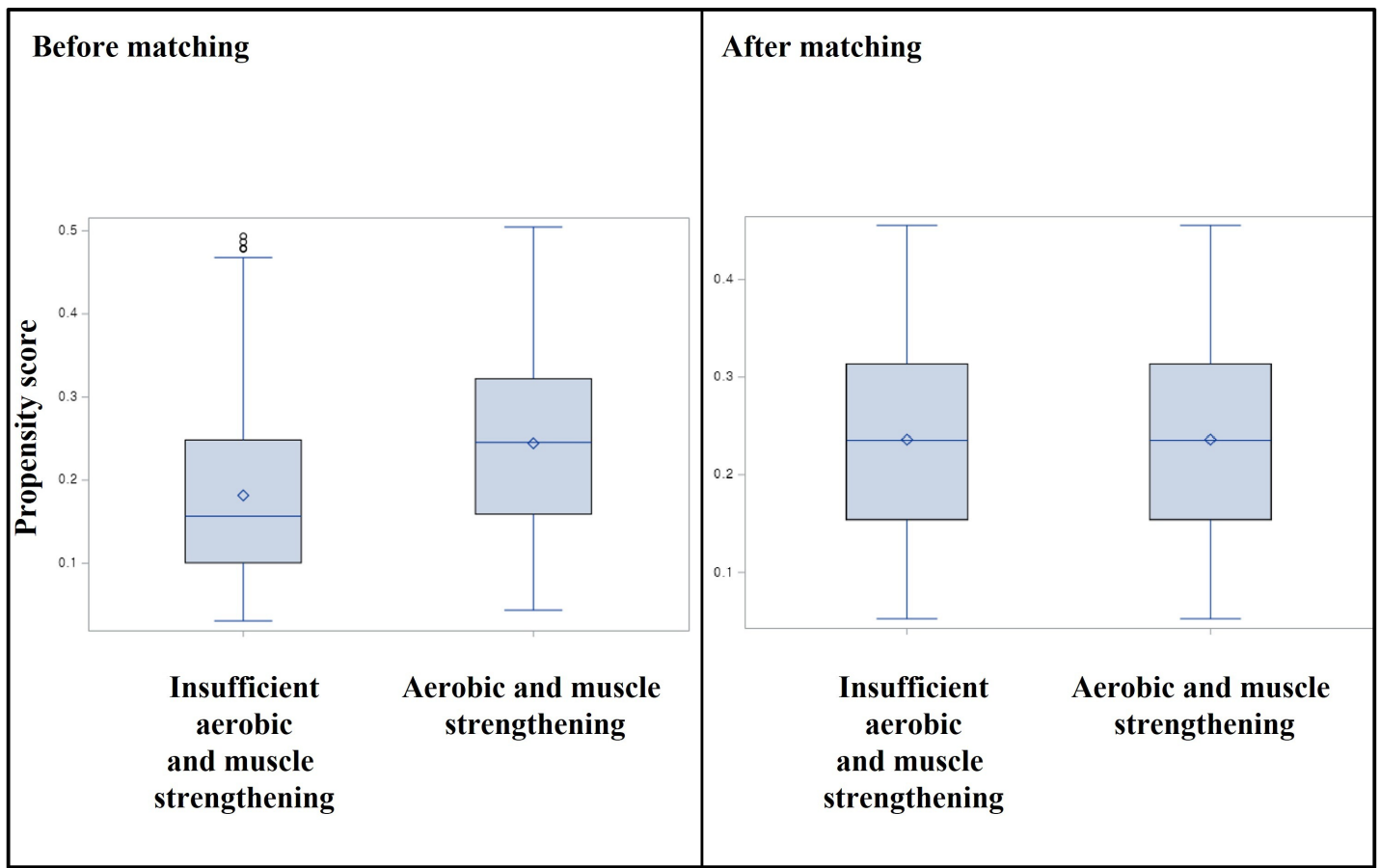
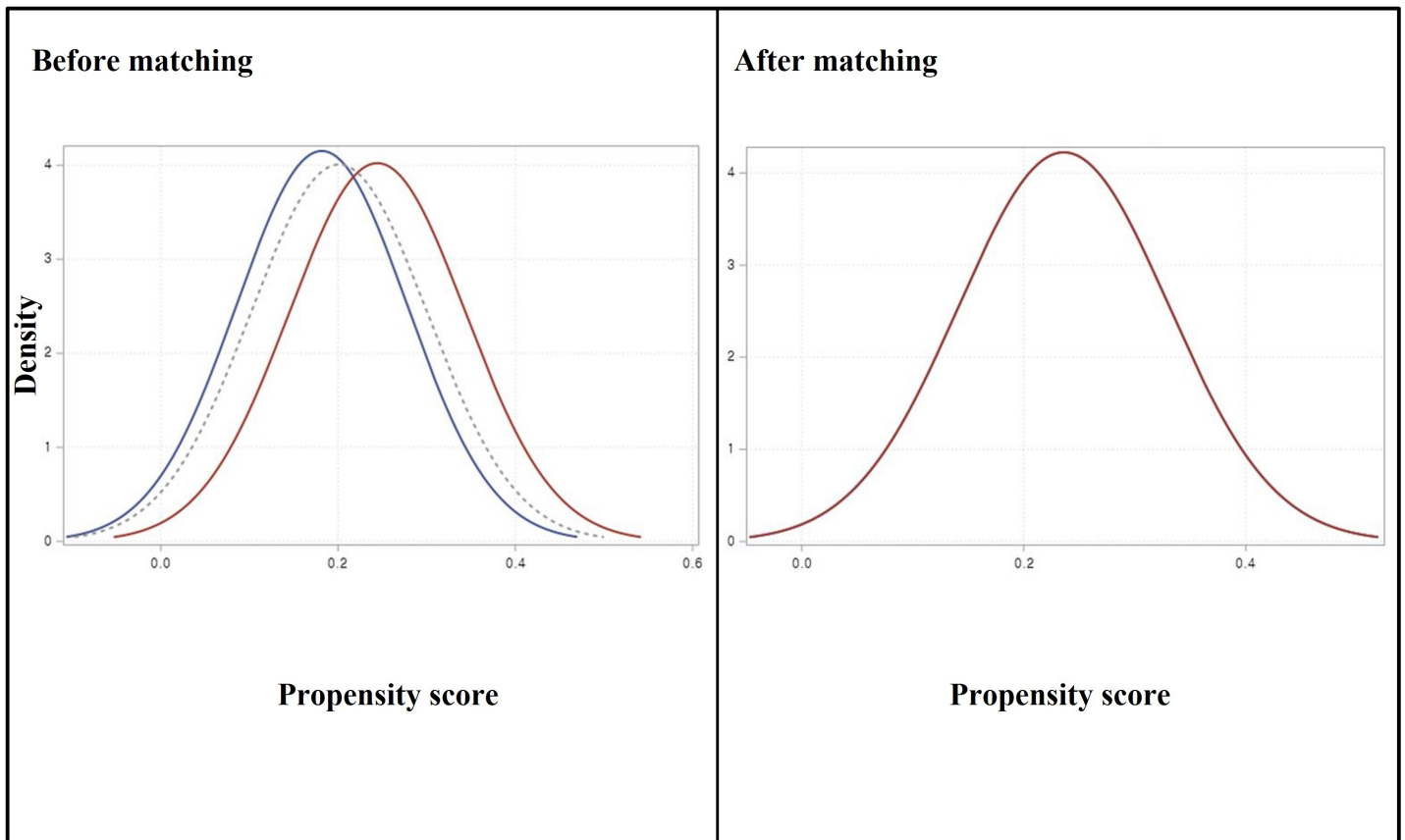


- Insufficient aerobic and muscle strengthening
- Aerobic and muscle strengthening



**Matched cohort A**