PhD Academy Award
1320 Effect of a single bout of high-intensity sprint exercise programme compared to traditional high-intensity sprint interval exercise and endurance exercise on inflammatory markers, lipid profile and health-related physical fitness measurements in participants with elevated cardiovascular disease risk (PhD Academy Award)
N Rugbeer

Service spotlight
1322 Peer mentorship: a key element in Active Rehabilitation
M H Dybwad, P Wedge

Patient voices
1325 Back to basketball: how I avoided ACL surgery
J Lin