Warm up
951 Hearts, knees and reducing disease through exercise – what is happening this year in the world of sport and exercise medicine in Australasia?
L Polvi, M L Fulcher

Editorials
953 Urgent need for integrating physical exercise into geriatric medicine: a call to action
M Izquierdo, M Faustino Singh

955 Creating awareness about exercise-based ACL prevention strategies in recreational alpine skiers
M Barscher, M Kepp, G P Miller, J Barscher, G Ruell

956 Reckoning with race in sports cardiology: a call to action
A Grant, S Krishnan, M Chakumeri, J S Guseh, J H Kim

Original research
958 Delayed timing of physical therapy initiation increases the risk of future opioid use in individuals with knee osteoarthritis: a real-world cohort study
D Kumar, F Ngezi, C Peluquin, L Marinke, J Cameron, K Aoyagi, D T Felson, M Dubreuil

Association between physical activity and the time course of cancer recurrence in stage III colon cancer
J C Brown, C Ma, Q Shi, D Niedzwiecki, T Zemla, F Couture, P Kuchler, P Kumar, J O Hopkins, B Tan, S Krishnamurthi, E M O Reilly, A F Shields, J A Meyerhardt

Reviews
979 Non-occupational physical activity and risk of cardiovascular disease, cancer and mortality outcomes: a dose–response meta-analysis of large prospective studies
L García, M Pearce, A Abbas, A Mob, T Straw, S Ali, A Cripy, P C Dempsey, R Gelubich, P Kelly, Y Laird, E McNamara, S Moore, T H de Sa, A D Smith, K Wijndaele, J Woodcock, S Brage

Comparative efficacy of exercise therapy and oral non-steroidal anti-inflammatory drugs and paracetamol for knee or hip osteoarthritis: a network meta-analysis of randomised controlled trials
Q Wang, S-L Goh, J Wu, M S M Parson, J Wei, A Saranovar, X Li, M Hall, M Doherty, T Jiang, C Zeng, G Lei, W Zhang

997 Comparative effectiveness of different types of exercise in reducing arterial stiffness in children and adolescents: a systematic review and network meta-analysis

PhD Academy Award
1003 Anterior cruciate ligament repair: the quest continues (PhD Academy Award)
R Hooegstå

Subscription information

British Journal of Sports Medicine is published monthly; subscribers receive all supplements

Institutional rates 2023

Print £1,091

Online Site licences are priced on FTE basis and allow access by the whole institution. Details available online at http://journals.bmj.com/content/subscribers?bjsm

Print (includes online access at no additional cost) £375

Online only £217

Personal print or online only and institutional print subscriptions may be purchased online at http://group.bmj.com/subscribe?bjsm (payment by Visa/ Mastercard only) Residents of some EC countries must pay VAT, for details, call us or http://journals.bmj.com/content/subscribers?bjsm

Generalised joint hypermobility leads to increased odds of sustaining a second ACL injury within 12 months of return to sport after ACL reconstruction
B Zsáka, R Puszi, R Thomeé, D Sundemo, V Musahl, K Samuelsson, E Hamrin Senorski