Young Athlete's Hip Research Meeting

Young Athlete's Hip Research (YAHiR) Collaborative initiative

ASPETAR
سبيتار

Organising partner

Date: 23 September 2022

Venue: Linbury Room, Worcester College, University of Oxford

Key strategic objective

To continue co-developing the YAHiR Collaborative – an international multi-professional community aiming to:

(1) improve outcomes for young athletes and patients with hip conditions
(2) add research value and reduce research waste on conditions affecting the young person's hip (currently focussing on primary cam morphology and its natural history)

VERSION: Sept22 V4

Strategic objectives

The purpose of the YAHiR Collaborative's Research meeting in Oxford is to:

1. Work towards implementing the Oxford Delphi Consensus on primary cam morphology and its consequences to increase research value and reduce research waste
2. Create supergroups based on the YAHiR Collaborative's prioritised research domains
3. Identify key studies based on the YAHiR Collaborative's prioritised research agenda
4. Agree on the key elements, working group and timelines for a paper: *Methodological considerations for studies in sport and exercise medicine, musculoskeletal rehabilitation and sports science fields on primary cam morphology and its natural history*
5. Agree on the key elements of a research support plan for the YAHiR Collaborative's prioritised research agenda
6. Develop the YAHiR Collaborative's Patient and Public Involvement framework

Deliverables (Operational objectives) to: – scope and timeline tbc

1. List of supergroups based on the YAHiR Collaborative's prioritised research domains
2. One prioritised research study per supergroup (or maximum two if appropriate)
3. Refined proposed subheading structure/sections** for the proposed paper: *Methodological considerations for studies in sport and exercise medicine, musculoskeletal rehabilitation and sports science fields on primary cam morphology and its natural history*
4. Co-developed list of key elements of research support (including resources, grants, personnel, website etc)
5. Refined draft PPI framework**

**Proposed drafts will be shared with the group in advance

Steering Committee	Paul Dijkstra, Siôn Glyn-Jones, Mike Clarke, Karim Khan, Jason Oke, Trish Greenhalgh, Clare Ardern, Amy Price, Andrea Mosler, Joanne Kemp, Sean McAuliffe
YAHiR Faculty	Rintje Agricola, Thor Einar Andersen, Clare Ardern, Sheree Bekker, Mike Clarke (online), Paul Dijkstra, Jon Drezner, Kirsty Elliott-Sale, Scott Fernquest, Siôn Glyn-Jones, Trish Greenhalgh, David Hanff, Josh Heerey, Per Hölmich, Lasse Ishøi, Christa Janse van Rensburg, Ara Kassarjian, Joanne Kemp, Karim Khan, Vikas Khanduja, Signe Kierkegaard, Stephanie Kliethermes, Cara Lewis, Sean McAuliffe, Inger Mechlenburg, Nonhlanhla Mkumbuzi, Andrea Mosler, Simon Newman, Jason Oke, Antony Palmer, Dora Papadopoulou, Marc Philippon, Lindsey Plass, Amy Price, Tanvi Rai, Dawn Richards (online), Andreas Serner, Pim van Klij, Fiona Wilson, Mara Yamauchi

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DEPARTMENT FOR CONTINUING EDUCATION UNIVERSITY OF OXFORD

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NUFFIELD DEPARTMENT OF PRIMARY CARE HEALTH SCIENCES Medical Sciences Division

Young Athlete's Hip Research (YAHiR) Collaborative Research Meeting

Towards a more rigorous, inclusive, and evidence-based approach to research on primary cam morphology and its consequences to increase research value and reduce research waste

YAHiR Faculty Dinner:
Informal garden barbeque

22 September 2022, 7pm

Worcester College gardens, University of Oxford

YAHiR Research Meeting

23 September 2022

Linbury Building, Worcester College

7.30	Registration	
8.30 – 10.00 SESSION 1: The YAHiR Collaborative - Looking back and defining the future Session chairpersons: Sion Glyn-Jones and Andrea Mosler Objectives 1. Review the hip-and-groin research timeline 2. Summarise the YAHiR Collaborative's outputs/achievements to date 3. Confirm 'supergroups' (goals & membership) to implement the YAHiR Collaborative's research priorities		
8.30	Welcome and Introduction	
8.40	The 'athlete hip-and-groin' research/ consensus timeline (Doha, Warwick, Zurich, Oxford…)	Jo Kemp
9.00	Oxford Delphi consensus study: research priorities on conditions affecting the young person's hip and other YAHiR outputs to date	Paul Dijkstra
9.20	Outline today's goal for the supergroups to action the prioritised research agenda	Clare Ardern
9.30	Discussion	
10.00 – 10.30 Tea		

10:30 – 12:30 SESSION 2: Prioritising rigorous, inclusive and evidence-based research on conditions affecting the young athlete's hip Session chairpersons: Clare Ardern and Paul Dijkstra Objectives 1. Introduce 3 important research elements that could enhance YAHiR's aim to add research value and reduce research waste on conditions affecting the young person's hip 2. Discuss the 7 domains of a prioritised research agenda for primary cam morphology and its natural history		
10.30	Revisit & expand YAHiR Symposium Session 4: Consider co-production, mixed methods & pragmatism	Trish Greenhalgh and Amy Price
11.00	**Supergroups meet** (90 minutes: 2 x 40min sessions and 10min break)	OBJECTIVES – to:
	1. Aetiology and prognosis of primary cam morphology and FAI syndrome **Rintje Agricola, Fiona Wilson**, Pim van Klij, Josh Heerey, Antony Palmer, David Hanff, Stephanie Kliethermes, Kirsty Elliot-Sale, Scott Fernquest (9)	1. Agree on the most important future study/studies relevant to your supergroup 2. Consider and list what it would take to ultimately DO the best study for your supergroup (in the perfect/ your environment) 3. List/ consider what the rest of the YAHiR community (not just your supergroup) could do to potentially help your supergroup
	2. Diagnosis and screening for primary cam morphology (and FAI syndrome) **Andrea Mosler, Sean Mc Auliffe**, Jason Oke, Christa Janse van Rensburg, Andreas Serner, Lasse Ishøi (online), Ara Kassarjian (7)	
	3. Interventions/ Treatment (including best practice physiotherapy) – primary cam morphology & its hip disease consequences **Joanne Kemp, Per Holmich,** Inger Mechlenburg, Simon Newman, Thor-Einar Andersen, Signe Kierkegaard, Cara Lewis, Dora Papadopoulou (8)	
	4. Patient and Public Involvement: *inclusive research* **Amy Price, Nonhlanhla Mkumbuzi,** Dawn Richards (online), Lindsey Plass, Sheree Bekker, Tanvi Rai, Mara Yamauchi (6)	1. Refine a YAHiR Collaborative patient and public involvement framework focussing on co-production 2. Discuss, refine and prioritise the most important future studies relevant to the supergroup 3. Consider and list what it would take to ultimately DO the best study for your supergroup (in the perfect/ your environment)
38	**5. Leadership & Governance** **Clare Ardern, Paul Dijkstra**, Sion Glyn-Jones, Mike Clarke (online), Trish Greenhalgh, Jon Drezner, Karim Khan, Marc Philippon (online) (8) (Vikas Khanduja)	1. Discuss key lessons on leadership & governance of research collaboratives (based on faculty's experience) 2. Work towards a YAHiR leadership and governance framework
12:30 – 14:00 Lunch		

14.00 – 15.30 Session 3 Implementing the YAHiR Collaborative's research priorities Session chairpersons: Jo Kemp and Karim Khan Objective 1. Discuss supergroups' prioritised studies (including resources and support) 2. Refine the subheading structure for a paper: *Methodological considerations for studies in sport and exercise medicine, musculoskeletal rehabilitation and sports science fields on primary cam morphology and its natural history* 3. Discuss a YAHiR Collaborative 'roadmap' towards improving outcomes for young athletes and patients with hip conditions and better quality research (add research value and reduce research waste by focussing in the prioritised research agenda for conditions affecting the young person's hip)		
Next steps: Implementing the prioritised research agenda		
14.00	Supergroups' report back (1 slide, 5 minutes each) and discussion to inform the proposed "Methodological Considerations" paper	Karim Khan & Clare Ardern (I-pad)
15.00	ROADMAP for YAHiR – JOURNEY(S) from here Towards effective and efficient implementation Research collaboration, co-developing shared resources: steering committee, administrative support, management, website, education material (patients & public, clinicians and researchers), research funding…	YAHiR Steering Group Hook back to KEY OBJECTIVE
15.20	Closing remarks	Karim Khan, Paul Dijkstra