

Supplementary File 2.**Table 1. Level of play.**

Level of play	Definition
International	UEFA defines international football as a “ <i>match between two national teams composed of the best eligible players.</i> ” ¹
Elite	the highest national football league ²
Amateur	any league below the highest national football league ³

¹ <https://www.uefa.com/insideuefa/dictionary/index.html>

² Ekstrand et al (2011)

³ By default based upon the definition provided by Ekstrand et al (2011)

Ekstrand J, Hägglund M, Fuller CW. Comparison of injuries sustained on artificial turf and grass by male and female elite football players. *Scand J Med Sci Sport.* 2011;21:824-832.

Table 2. Location of injury.

Main grouping	Category
Head and neck	<ul style="list-style-type: none">• Head and face• Neck/cervical spine
Upper limbs	<ul style="list-style-type: none">• Shoulder/clavicle• Upper arm• Elbow• Forearm• Wrist• Hand/finger/thumb
Trunk	<ul style="list-style-type: none">• Sternum/ribs/upper back
Lower limbs	<ul style="list-style-type: none">• Hip/groin• Thigh• Knee• Lower leg/Achilles tendon• Ankle• Foot/toe

Table 3. Type of injury.

Main grouping	Category
Fractures and bone stress	<ul style="list-style-type: none">• Fracture• Other bone injuries
Joint (non-bone) and ligaments	<ul style="list-style-type: none">• Dislocation/subluxation• Sprain/ligament injury• Lesion of meniscus or cartilage
Muscle and tendon	<ul style="list-style-type: none">• Muscle rupture/tear/strains/cramps• Tendon injury/rupture/tendinosis/bursitis
Contusion	<ul style="list-style-type: none">• Haematoma/contusion/bruise
Laceration and skin lesion	<ul style="list-style-type: none">• Abrasion• Laceration
Central/peripheral nervous system	<ul style="list-style-type: none">• Concussion (with or without loss of consciousness)• Nerve injury
Other injuries	<ul style="list-style-type: none">• Dental injuries• Other injuries

Table 4. Severity of injury.

Level of severity	Definition
Slight	Injury causing absence from training and match play for <1 day
Minimal	Injury causing absence 1-3 days from training and match play
Mild	Injury causing absence 4-7 days from training and match play
Moderate	Injury causing absence 8-28 days from training and match play
Severe	Injury causing absence >28 days from training and match play

All definitions were based upon those utilised by Ekstrand (2011)

Ekstrand J, Hägglund M, Fuller CW. Comparison of injuries sustained on artificial turf and grass by male and female elite football players. *Scand J Med Sci Sport*. 2011;21:824-832.