Supplemental material

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Supplementary File 6.

Table 1. Women's elite football: overall, match, & training injury incidence rates (per 1,000 hour of exposure) stratified by severity of injury.

Description					Poisson regression meta-analysis						
Level	Setting	Injury Definition	Severity	Days	Model	k	Summary Incidence Rate	95% CI	χ^2_{Wald}	T^2	I^2
Elite	Overall	Time-loss	Slight	<1	Fixed	2	0.02	0.003 to 0.15	0.01 (p=0.99)	NA	NA
Elite	Overall	Time-loss	Minimal	1-3	Random	4	1.21	0.91 to 1.62	13.06 (p<0.01)	0.06	71.40%
Elite	Overall	Time-loss	Mild	4-7	Random	4	1.26	1.04 to 1.54	7.01 (p=0.07)	0.02	45.13%
Elite	Overall	Time-loss	Moderate	8-28	Random	4	1.64	1.40 to 1.92	5.25 (p=0.15)	0.01	30.24%
Elite	Overall	Time-loss	Severe	>28	Random	4	0.74	0.56 to 0.97	7.53 (p=0.06)	0.04	48.52%
Elite	Match	Time-loss	Slight	<1	Fixed	2	NA[*]	NA[*]	NA	NA	NA
Elite	Match	Time-loss	Minimal	1-3	Fixed	2	4.51	3.22 to 6.31	0.35 (p=0.55)	NA	NA
Elite	Match	Time-loss	Mild	4-7	Fixed	2	3.45	2.35 to 5.06	0.97 (p=0.33)	NA	NA
Elite	Match	Time-loss	Moderate	8-28	Fixed	2	3.85	2.67 to 5.54	1.02 (p=0.31)	NA	NA
Elite	Match	Time-loss	Severe	>28	Fixed	2	2.12	1.30 to 3.46	1.64 (p=0.20)	NA	NA
Elite	Training	Time-loss	Slight	<1	Fixed	2	0.02	0.003 to 0.17	0.01 (p=0.99)	NA	NA
Elite	Training	Time-loss	Minimal	1-3	Fixed	2	0.81	0.57 to 1.14	0.05 (p=0.82)	NA	NA
Elite	Training	Time-loss	Mild	4-7	Fixed	2	0.88	0.64 to 1.22	0.01 (p=0.99)	NA	NA
Elite	Training	Time-loss	Moderate	8-28	Fixed	2	0.88	0.64 to 1.22	0.20 (p=0.66)	NA	NA
Elite	Training	Time-loss	Severe	>28	Fixed	2	0.32	0.19 to 0.55	0.01 (p=0.99)	NA	NA

[*]Zero events reported in studies included in this meta-analysis, thus yielding no summary effect estimate.

Table 2. Women's international football: overall injury incidence rates (per 1,000 hour of exposure) stratified by severity of injury.

Description					Poisson regression meta-analysis				
Level	Setting	Injury Definition	Severity	Days	Model	k	Summary Incidence Rate	95% CI	χ^2_{Wald}
International	Overall	Time-loss	Slight	<1	Fixed	4	NA*	NA	NA
International	Overall	Time-loss	Minimal	1-3	Fixed	4	5.02	3.57 to 7.07	3.53 (p=0.32)
International	Overall	Time-loss	Mild	4-7	Fixed	4	NA*	NA	NA
International	Overall	Time-loss	Moderate	8-28	Fixed	4	1.67	0.93 to 3.02	0.91 (p=0.83)
International	Overall	Time-loss	Severe	>28	Fixed	4	1.07	0.51 to 2.23	1.02 (p=0.80)

*Zero events and zero exposure hours reported by ≥1 study included in these meta-analyses, thus yielding no summary effect estimate.

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Table 3. Women's international football: match injury incidence rates (per 1,000 hour of exposure) stratified by severity of injury.

Description					Poisson regression meta-analysis				
Level	Setting	Injury Definition	Severity	Days	Model	k	Summary Incidence Rate	95% CI	χ^2_{Wald}
International	Match	All physical complaints	Slight	<1	Fixed	2	33.38	24.29 to 45.87	0.02 (p=0.88)
International	Match	All physical complaints	Minimal	1-3	Fixed	2	14.05	8.61 to 22.94	0.23 (p=0.63)
International	Match	All physical complaints	Mild	4-7	Fixed	2	6.15	2.93 to 12.90	0.61 (p=0.43)
International	Match	All physical complaints	Moderate	8-28	Fixed	2	6.15	2.93 to 12.90	0.52 (p=0.47)
International	Match	All physical complaints	Severe	>28	Fixed	2	0.88	0.12 to 6.24	0.01 (p=0.99)