


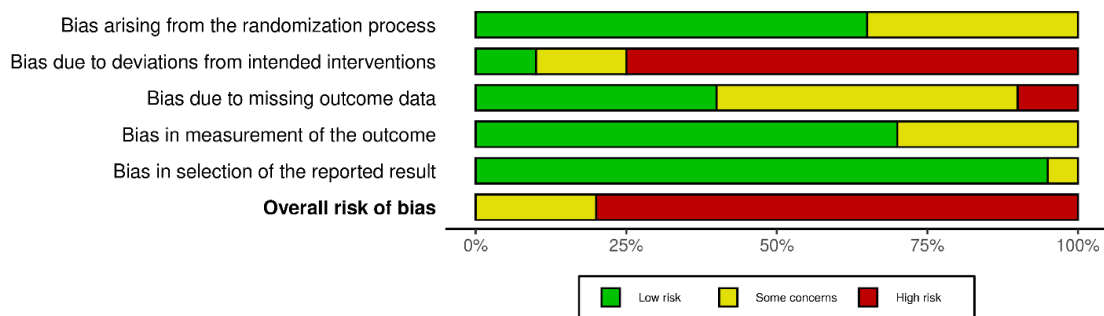


Study	Risk of bias domains					Overall
	D1	D2	D3	D4	D5	
Alibhai 2015	+	X	+	+	+	X
Arrieta 2019	+	X	-	+	+	X
Baumann 2010	-	+	+	-	+	-
Baumann 2011	-	X	+	-	+	X
DeFor 2007	+	X	+	+	+	X
Dimeo 1997	-	X	+	+	+	X
Hacker 2017	+	X	-	-	-	X
Jacobsen 2014	-	X	+	+	+	X
Jarden 2009	+	-	-	+	+	-
May 2017	+	X	+	+	+	X
Mijwel 2020	+	X	-	+	+	X
Mutrie 2007	+	-	+	+	+	-
Pahl 2020	+	X	-	+	+	X
Potiaumpai 2021	+	X	-	-	+	X
SantaMina 2020	+	X	-	+	+	X
Senn-Malashonak 2019	-	-	-	-	+	X
Uster 2018	+	X	X	+	+	X
Wallek 2018	-	X	X	-	+	X
Wehrle 2019	+	X	-	+	+	X
Wiskemann 2011	-	+	-	+	+	-

Domains:
D1: Bias arising from the randomization process.
D2: Bias due to deviations from intended intervention.
D3: Bias due to missing outcome data.
D4: Bias in measurement of the outcome.
D5: Bias in selection of the reported result.

Judgement
 High
 Some concerns
 Low

Supplementary Figure 1. Risk of bias assessment of randomized controlled trials using the traffic light plot from the Cochrane Risk of Bias 2 tool (RoB 2).



Supplementary Figure 2. Weighted summary plot of the overall types of bias encountered in included randomized controlled trials from the Cochrane Risk of Bias 2 tool (RoB 2).