came in under the cliff. What luck a fresh frozen lead along the edge! There was an easy ramp off the shelf ice now it was fast flat sea. I dug in the ski sticks and away shot the skis. How effortless. We could easily do twenty miles on this. On the sea I worried about bears. We had no gun. They could be lurking behind floes but fortunately none appeared. Not even a footprint.

Ahead was Cape Aldrich. The sun was lost behind the hills. It was after midnight. I began to feel cold, tired and hungry. We traversed on some sloping snow - the skis wanted to run down. It was difficult holding on. Like shoes with only your toes in.

At last we were there. No tent is unsettling at camp time. You don’t know where to go. The sleeping bag looked naked on the ground. I layed out all our ‘grounding’ meticulously. Rucksacks frames. Polystyrene sheets. It was -30°F and the cold came on us fast. With great care and agony from stiff exhausted limbs we insinuated ourselves into the sack. The slightest heave and the floor would separate and leave a cold spot. I got my sandwich out of my pocket. I bit. Frozen solid and uneatable. We had some chocolate. Somehow now in each others arms we felt safe from bears and were instantly asleep.

Next day a plane picked us up.

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**OBITUARY**

Dr. Aaron Gordon Signy, M.B., B.S., M.R.C.S., L.R.C.P., F.R.C.Path.

Dr. Peter Sperryn pays a sincere tribute to Dr. Signy in the Hon. Sec’s. Report for 1971, but we all feel the loss of a dynamic enthusiast. Gordon Signy qualified in 1926, at Guy’s Hospital and became an early Fellow of the College of Pathologists in 1964. He was Consultant Pathologist at St. Stephen’s Hospital, London, for many years, but moved to the Royal Post-Graduate Federation only a short time before his death. He had a keen interest in haematology, and was only too glad to help with advice about anaemia and iron therapy in sportsmen. He was also a keen sportsman throughout his life, and an expert fencer. He is best known to most of us as Team Manager for the British Olympic Fencing Team, and was a fervent advocate of the scientific approach to team fitness both in training and in competition. He became a member of B.A.S.M. in 1964, and one of his last actions was the preparation of a manuscript on fencing injuries to the upper limb, based on a paper he gave at the B.A.S.M.’s symposium on “The Athlete’s Arm.” He was co-opted on to the Executive Committee of this Association, but his tragic death intervened before he could commence his duties. The B.A.S.M. extends its sincere sympathy to his family.

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**OBITUARY**

Dr. William Stuart Tegner, B.M., B.Ch., F.R.C.P.

Bill Tegner was a founder member of B.A.S.M., and its first Secretary/Treasurer, and played a very big part in the establishment of the Association in its early days, laying down administrative procedures which have been passed on to his successors and still function with an organisation with ten times the number of members that he had.

He qualified in 1932, B.M., B.Ch., Oxon, and trained at the London Hospital, obtaining M.R.C.P. in 1935, and being elected Fellow in 1951. For many years he was Consultant Physician to the Physical Medicine Dept. of the London Hospital, and to Arthur Stanley House, a frequent location of B.A.S.M. meetings thanks to Dr. Tegner’s arrangements on our behalf. During the past few years he was Medical Director of the Papworth Village Settlement, where his kindliness helped many whose problems were not only just medical. He was a rheumatologist of international repute, and one of the first to issue warnings about the possible hazards of the abuse of steroid therapy. We know that all B.A.S.M. members of long standing will feel the sad loss of our founder-secretary.