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## REVIEW

**“Post-Graduate SPORTS MEDICINE SYMPOSIUM, held in co-operation with the IXth British Commonwealth Games Medical Committee, July 19th, 1970, Edinburgh”**

**Published by The Institute of Sports Medicine, no date given, (received February 1972)**

**pp23 Price £1.85**

This folder consists of papers read at a Symposium in Edinburgh in 1970 and contains twenty-three pages, fourteen of which are excellently filled by Dr. Griffith Pugh on “The Gooseflesh Syndrome in Long Distance Runners”. Lest it be thought that the extraordinary price of £1.85 be fair for this paper alone, a shorter version appeared in the British Journal of Physical Education, March 1972, and the definitive version is in press at present\*. Dr. Durbin’s talk on Physical Activity and the Fat Content of the Body has lost its point by reduction to a mere one page abstract. A preliminary communication on the Effect of Training on the Resting ECG’s of Top Class Swimmers shows that athletes often have “abnormal” ECG’s at rest. The three references given by Dr. Jenkins omit mention of earlier workers who have explored this phenomenon in greater detail; in swimmers; in Britain.

A final half-page synopsis of a talk on radiotelemetry is too brief to be really useful and omits any reference, either to previous workers, or to publications.

The astonishing remarks in the Editorial introduction about the novelty of the ECG findings, together with the introductory statement that the I.S.M. makes “no apologies for our concern with high academic attainment as a pre-requisite in the studies and research we sponsor”, makes one restless to see the results of any further studies that the Institute may be sponsoring. For the record, Dr. Pugh’s excellent work was sponsored by the British Olympic Association and the Medical Research Council.

\*Reference - PUGH

**P. N. SPERRY, M.B., B.S., M.R.C.P., D.Phys.Med.**