


### OBITUARY

**Mr. T. A. Mason**

Every society or association depends for its running not only upon the work of its officers and committees, but upon a section of its Ordinary Members, who attend meetings, take part in discussions, and stimulate the committees to action. The B.A.S.M., will feel the sad death of Tom Mason as a severe loss of one of its most faithful and enthusiastic members. He joined our Association in 1960, attended most of the meetings since then, even those outside London after his retirement from work and living on a small income. He was a weight-lifting coach, and brought a great deal of expert knowledge of the subject to the B.A.S.M., and his regard for the possible hazards of this activity to the adolescent was a decided factor leading to our Symposium in 1970 on the risks of weight training and lifting upon the young (*Brit. Journ. Sports Med.* Vol. V. No 1). That the dangers of spinal hyper-extension during presses is now accepted in medical circles as hazardous is probably the best memorial we can give Tom Mason.

H. E. Robson