

## INTERNATIONAL ASSOCIATION OF AMATEUR BOXING

A Meeting of the Medical Commission of A.I.B.A. took place at the Kilimanjaro Hotel, Dar-es-Salaam on 20th September 1974 at 10.00 a.m. The President, Dr. J. L. Blonstein (England) was in the Chair.

At a recent meeting in Cuba Professor A. Francone proposed:

- a) that the members of the Medical Commission should examine the boxers at Regional, World and Olympic Championships, as it was thought that doctors from the host country, although good physicians, did not have adequate knowledge of boxing medicine and some of the examinations were perfunctory.
- b) that the President of the Medical Commission should be a full member of the Executive Committee with power to vote on all matters.

Both resolutions were carried unanimously.

### Election of Medical Commission and Officers

Dr. J. L. Blonstein (England) was unanimously elected as President. Professor B. Schwarz (DDR) was elected as Honorary General Secretary, and twenty other members were accepted.

The medical proposals to go before Congress had been discussed twice previously. They were therefore perused and no changes were suggested.

The Medical Handbook was carefully scrutinised, each item being discussed. It was agreed to add the following items:

1. All boxers should be encouraged to be vaccinated against smallpox.
2. A boxer who was R.S.C. and had received numerous blows to the head should be treated as having failed to beat the count and should be put off boxing and training for at least four weeks.
3. During the periods off boxing for head injuries, boxers should not be allowed to train.
4. It was decided to allow boxers who have had one testicle removed or who suffered from migraine to box.
5. After hernia operation the boxer should not resume boxing or training for at least six weeks.
6. If a boxer has been K.O. three times in twelve months he should not be allowed to box for at least a year after and should be examined by a neurologist and have an EEG before resuming boxing.
7. Trainers should not normally carry their own supply of adrenalin. The team doctor should be in charge of supplies.
8. It was suggested that all boxers have their photograph attached to their medical card for proper identification.

### E.A.B.A. MEDICAL COMMISSION

#### INJURIES SUSTAINED AT THE EUROPEAN JUNIOR CHAMPIONSHIPS AT KIEV

May 30th – June 9th 1974

#### 117 boxers 130 bouts

- 1 sprained thumb
- 1 cut scalp (not stopped)
- 4 small cuts at eye (not stopped)
- 4 cuts at eye (stopped)
- 1 sprained ankle (stopped)
- 3 K.O.'s (none unconscious)
- 1 haematoma left eye (not stopped)
- 10 anti-doping tests carried out. All negative.

J. L. BLONSTEIN, O.B.E.