

Appendix 7 Table 5. Matrix of the treatment effect estimates of all comparisons according to indirect comparison meta-analysis; after cancer treatment, with all studies.

	Aerobic	CBT_PsychoSocial	Combined	CombinedCBT	Control	Dance	InspiratoryMuscleTraining	Massage	Relaxation	Resistance	TaiChi	Yoga
Aerobic	Aerobic	-0.08 (-0.32, 0.16)	-0.16 (-0.39, 0.07)	-0.12 (-0.41, 0.18)	0.33 (0.16, 0.51)	-0.2 (-0.86, 0.47)	-0.24 (-0.96, 0.49)	0.06 (-0.86, 0.99)	0.28 (-0.3, 0.86)	-0.01 (-0.32, 0.29)	-0.12 (-0.54, 0.31)	-0.35 (-0.65, -0.05)
CBT_PsychoSocial	0.08 (-0.16, 0.32)	CBT_PsychoSocial	-0.08 (-0.31, 0.15)	-0.03 (-0.33, 0.26)	0.42 (0.25, 0.58)	-0.11 (-0.78, 0.55)	-0.15 (-0.88, 0.57)	0.14 (-0.78, 1.07)	0.36 (-0.24, 0.97)	0.07 (-0.25, 0.39)	-0.03 (-0.46, 0.39)	-0.27 (-0.56, 0.03)
Combined	0.16 (-0.07, 0.39)	0.08 (-0.15, 0.31)	Combined	0.05 (-0.23, 0.32)	0.5 (0.34, 0.66)	-0.04 (-0.7, 0.63)	-0.07 (-0.79, 0.65)	0.22 (-0.7, 1.15)	0.44 (-0.16, 1.04)	0.15 (-0.16, 0.47)	0.05 (-0.38, 0.47)	-0.19 (-0.48, 0.11)
CombinedCBT	0.12 (-0.18, 0.41)	0.03 (-0.26, 0.33)	-0.05 (-0.32, 0.23)	CombinedCBT	0.45 (0.21, 0.7)	-0.08 (-0.77, 0.61)	-0.12 (-0.86, 0.63)	0.18 (-0.76, 1.12)	0.4 (-0.23, 1.03)	0.1 (-0.26, 0.47)	0 (-0.46, 0.47)	-0.23 (-0.58, 0.12)
Control	-0.33 (-0.51, -0.16)	-0.42 (-0.58, -0.25)	-0.5 (-0.66, -0.34)	-0.45 (-0.7, -0.21)	Control	-0.53 (-1.18, 0.11)	-0.57 (-1.28, 0.14)	-0.27 (-1.18, 0.64)	-0.05 (-0.64, 0.53)	-0.35 (-0.62, -0.08)	-0.45 (-0.84, -0.06)	-0.68 (-0.93, -0.43)
Dance	0.2 (-0.47, 0.86)	0.11 (-0.55, 0.78)	0.04 (-0.63, 0.7)	0.08 (-0.61, 0.77)	0.53 (-0.11, 1.18)	Dance	-0.04 (-0.99, 0.91)	0.26 (-0.85, 1.37)	0.48 (-0.37, 1.32)	0.19 (-0.51, 0.88)	0.08 (-0.59, 0.76)	-0.15 (-0.84, 0.54)
InspiratoryMuscleTraining	0.24 (-0.49, 0.96)	0.15 (-0.57, 0.88)	0.07 (-0.65, 0.79)	0.12 (-0.63, 0.86)	0.57 (-0.14, 1.28)	0.04 (-0.91, 0.99)	InspiratoryMuscleTraining	0.3 (-0.85, 1.45)	0.52 (-0.4, 1.43)	0.22 (-0.53, 0.98)	0.12 (-0.68, 0.93)	-0.11 (-0.86, 0.63)
Massage	-0.06 (-0.99, 0.86)	-0.14 (-1.07, 0.78)	-0.22 (-1.15, 0.7)	-0.18 (-1.12, 0.76)	0.27 (-0.64, 1.18)	-0.26 (-1.37, 0.85)	-0.3 (-1.45, 0.85)	Massage	0.22 (-0.86, 1.3)	-0.07 (-1.02, 0.88)	-0.18 (-1.16, 0.81)	-0.41 (-1.35, 0.53)
Relaxation	-0.28 (-0.86, 0.3)	-0.36 (-0.97, 0.24)	-0.44 (-1.04, 0.16)	-0.4 (-1.03, 0.23)	0.05 (-0.53, 0.64)	-0.48 (-1.32, 0.37)	-0.52 (-1.43, 0.4)	-0.22 (-1.3, 0.86)	Relaxation	-0.29 (-0.89, 0.31)	-0.4 (-1.03, 0.24)	-0.63 (-1.26, 0)
Resistance	0.01 (-0.29, 0.32)	-0.07 (-0.39, 0.25)	-0.15 (-0.47, 0.16)	-0.1 (-0.47, 0.26)	0.35 (0.08, 0.62)	-0.19 (-0.88, 0.51)	-0.22 (-0.98, 0.53)	0.07 (-0.88, 1.02)	0.29 (-0.31, 0.89)	Resistance	-0.1 (-0.57, 0.37)	-0.34 (-0.7, 0.02)
TaiChi	0.12 (-0.31, 0.54)	0.03 (-0.39, 0.46)	-0.05 (-0.47, 0.38)	0 (-0.47, 0.46)	0.45 (0.06, 0.84)	-0.08 (-0.76, 0.59)	-0.12 (-0.93, 0.68)	0.18 (-0.81, 1.16)	0.4 (-0.24, 1.03)	0.1 (-0.37, 0.57)	TaiChi	-0.23 (-0.7, 0.23)
Yoga	0.35 (0.05, 0.65)	0.27 (-0.03, 0.56)	0.19 (-0.11, 0.48)	0.23 (-0.12, 0.58)	0.68 (0.43, 0.93)	0.15 (-0.54, 0.84)	0.11 (-0.63, 0.86)	0.41 (-0.53, 1.35)	0.63 (0, 1.26)	0.34 (-0.02, 0.7)	0.23 (-0.23, 0.7)	Yoga

Aerobic = endurance training; CBT\_PsychoSocial = cognitive behavioural treatments or psychosocial interventions; Combined = combined endurance and resistance training; Control = usual care or waiting list; InspiratoryMuscleTraining = Training of the inspiratory muscles; Relaxation = different interventions with the aim to relax, including meditation; Resistance = resistance training.

A negative value indicates a better effect for the treatment written above.