

**Associations of the ‘weekend warrior’ physical activity pattern with mild dementia:
findings from the Mexico City Prospective Study**

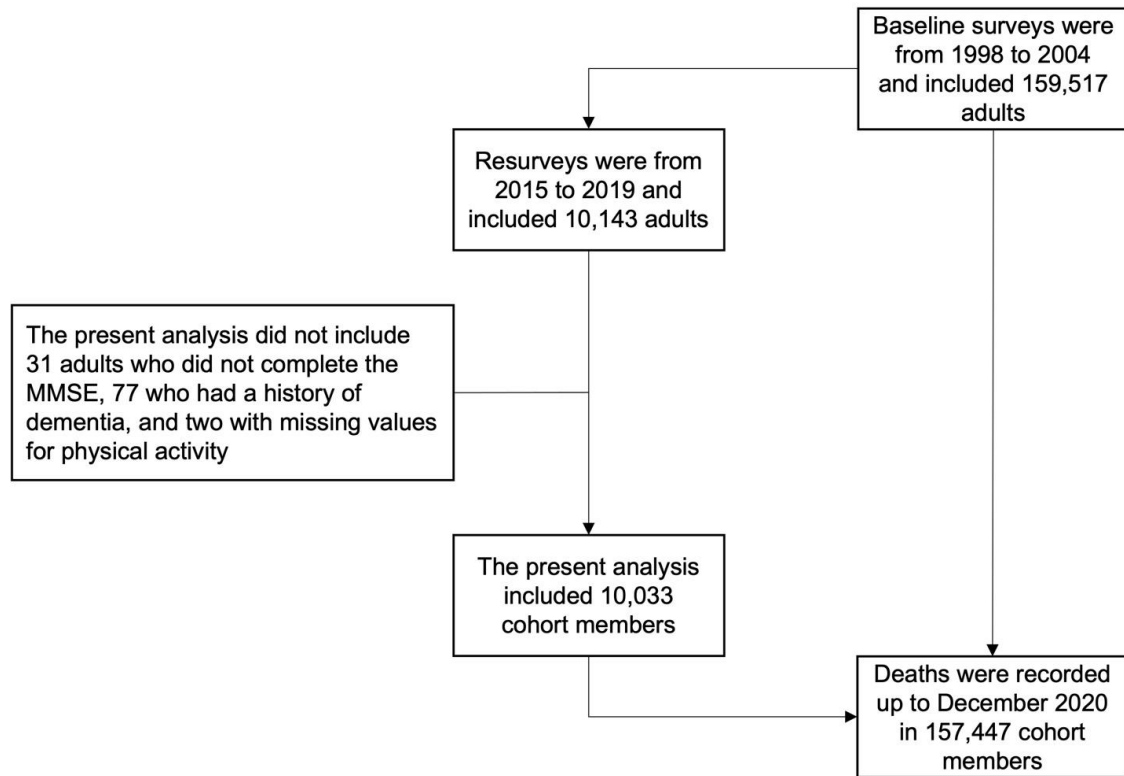


Figure S1. Flow of participants through the Mexico City Prospective Study. Physical activity was assessed at baseline and mild cognitive impairment was assessed at resurvey. The present analysis includes 10,033 of 10,143 (99%) cohort members who were assessed at baseline and at resurvey. MMSE is mini mental state examination.