

Search strategy:

1. Arthralgia
  2. "Knee Joint" or Knee or Patella
  3. #1 AND #2
  4. "anterior knee pain"
  5. (femoropatell\* OR femoro-patell\* OR retropatell\* OR "patellofemoral pain syndrome" OR "patellofemoral pain")
  6. ("lateral compression syndrome" or "lateral facet syndrome" or "lateral pressure syndrome" or "facet syndrome")
  7. (chondromalac\* or chondropath\*)
  8. #3 OR #4 OR #5 OR #6 OR #7
- (1-8 is the diagnostic search terms used by Cochrane)
9. strength OR torque OR force OR moment OR isokinetic OR isometric OR eccentric OR concentric OR power OR isotonic OR endurance OR kinetic\* OR moment\* OR kinematic\*
  10. #8 AND #9