

**Heart Screening Questionnaire: Pre-Screen**

Your school is interested in protecting its athletes. This includes trying to detect heart conditions during your pre-participation exam. We want to know how you feel about detecting heart problems. For this questionnaire, an EKG (electrocardiogram) is a test that involves sensors to detect your heart's activity level.

<b>Directions:</b> For the following questions, please <input checked="" type="checkbox"/> the box that <b>best</b> describes your opinion.	Yes	No	Uncertain
1. Someone in my family or a close friend has had a heart condition at an early age (Less than 50 years old).	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. I have had a pre-participation exam before.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>Directions:</b> For the following questions, please <input checked="" type="checkbox"/> the box that <b>best</b> describes your opinion.  <b>Over the last four weeks, how often have you been bothered by the following problems...</b>	Not at All	Several Days	More than Half the Days
3. Feeling nervous, anxious, on edge, or worrying a lot about different things?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>If you checked "Not at All", go to question number 4.</b>			
a. Feeling restless so that it is hard to sit still?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
b. Getting tired very easily?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
c. Muscle tension, aches, or soreness?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
d. Trouble falling asleep or staying asleep?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
e. Trouble concentrating on things, such as reading a book or watching TV?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
f. Becoming easily annoyed or irritable?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>Directions:</b> For the following questions, please <input checked="" type="checkbox"/> the box that <b>best</b> describes your opinion.	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
4. I have worried that I have a heart condition.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. I am interested in having my heart screened prior to playing competitive sports.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. I am interested to undergo a heart screen that includes an EKG prior to playing competitive sports.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. I am worried that this heart screen will reveal that I have a heart condition.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. If I had a heart condition, I would rather know than play sports without knowing.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. If I had a heart condition, I would rather know so that I can receive proper treatment.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<b>Directions:</b> for the next two questions, please consider the following statement. Afterwards, please <input checked="" type="checkbox"/> the box that <b>best</b> describes your opinion.	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
<b>An EKG improves our ability to detect a heart problem. This could save your life. In some circumstances, results may require more testing (such as an ultrasound of the heart) before a final determination is made.</b>					
10. I would want an EKG as part of my heart screen before I play competitive sports.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. I would rather have the extra testing, even if I can't play sports temporarily, than play sports without knowing if my heart is healthy.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>