

Appendix 1: Detailed search strategy for the MEDLINE database

("surgery" OR "postoperative") AND ("Return-to-play" OR "return-to-sport" OR "return to play" OR "return to sport" OR "return to" OR "reentry") AND ("Back Injuries" OR "lumbar" OR "Lumbosacral Region" OR "low back" OR "lower back" OR "lower vertebrae" OR "low spine" OR "lumbar spine" OR "erector spinalis" OR "multifidus" OR "L1" OR "L2" OR "L3" OR "L4" OR "L5") AND ("sport" OR "athlete" OR "athletic")