

Supplementary material - Appendix 7: Table showing reasons for ineligibility at each stage of recruitment

After expression of interest received (n=831)	Ineligible (n=11) No email/internet n=4 Other reasons n=3 Age outside range n=1 Doesn't meet ERS criteria n=1 No clinical condition of interest n=1 Too active (physically active occupation) n=1
After person contacted (n = 755)	Ineligible (n=23) No email/internet n=9 Other/combined reasons n=6 Doesn't meet ERS criteria n=4 No translator n=2 Age outside range n=1 Too active (physically active occupation) n=1
After assessing for eligibility (n = 691)	Ineligible at screening (n=201) BMI outside range n=104 Too active on GPPAQ n=46 No clinical condition of interest n=26 Age outside range n=10 No email/internet n=6 Substance abuse problem n=3 Other reasons n=3 Doesn't meet ERS criteria n=2 BP outside range n=1