### Online Appendix 3. Number of illnesses and proportion per 100 athletes (%) for males and females, by sport.

<table>
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<tr>
<th>Sport</th>
<th>All athletes</th>
<th>All illnesses</th>
<th>Females</th>
<th>Males</th>
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<td>11 (22.9)</td>
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<td>167 (8.6)</td>
<td>955</td>
<td>97 (10.2)</td>
<td>989</td>
<td>64 (6.5)</td>
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</table>

*Data include 97 double and 32 triple starters. *9 Illnesses sport unknown. *6 Illnesses sex unknown.*