Considerations and usability of the 5th edition of the Sport Concussion Assessment Tool (SCAT5) for the office or off-field assessment in athletes with (single) upper limb deficiency

STEP 1 ATHLETE BACKGROUND	Hospitalization for a head injury?	
	Headache disorder or migraines?	
	Learning disability / dyslexia?	
	ADD / ADHD?	
	Depression, anxiety or other psychiatric disorder?	
STEP 2 SYMPTOM EVALUATION	Headache	
	"Pressure in head"	
	Neck pain	
	Nausea or vomiting	
	Dizziness	
	Blurred vision	
	Balance problems	
	Sensitivity to light	
	Sensitivity to noise	
	Feeling slowed down	
	Feeling like "in a fog"	
	"Don't feel right"	
	Difficulty concentrating	
	Difficulty remembering	
	Fatigue or low energy	
	Confusion	
	Drowsiness	
	More emotional	
	Irritability	
	Sadness	
	Nervous or anxious	
	Trouble falling asleep	
	Symptoms get worse with physical activity?	
	Symptoms get worse with mental activity?	
	If 100% is feeling perfectly normal, what percent of normal do you feel?	
STEP 3 COGNITIVE SCREENING		
ORIENTATION	Month	
	Today's date	
	Weekday	
	Current year	
	Current time (within 1 hour)	
IMMEDIATE MEMORY	Repeat as many words as possible from a read list	
CONCENTRATION – Digits	Repeat a string of numbers	
backwards	Repeat a string of numbers in reverse order	
MONTHS IN REVERSE ORDER	Tell the months of the year in reverse order	
STEP 4 NEUROLOGICAL SCREEN	Read out loud and follow instructions without difficulty	
	Full range of pain-free PASSIVE cervical spine movement	
	(fixed head) Look side-to-side and up-and-down	

	Perform finger nose coordination test normally Perform tandem gait normally	
BALANCE EXAMINATION Modified Balance Error Scoring System (mBESS) testing	Double leg stance Single leg stance (non-dominant foot) Tandem stance (non-dominant foot at back)	
STEP 5 DELAYED RECALL	Repeat as many words as possible from the previously read list (step 3)	

Considerations and usability of the 5th edition of the Sport Concussion Assessment Tool (SCAT5) for the office or off-field assessment in athletes with (bilateral) upper limb deficiency

STEP 1 ATHLETE BACKGROUND	Hospitalization for a head injury?	
	Headache disorder or migraines?	
	Learning disability / dyslexia?	
	ADD / ADHD?	
	Depression, anxiety or other psychiatric disorder?	
STEP 2 SYMPTOM EVALUATION	Headache	
	"Pressure in head"	
	Neck pain	
	Nausea or vomiting	
	Dizziness	
	Blurred vision	
	Balance problems	
	Sensitivity to light	
	Sensitivity to noise	
	Feeling slowed down	
	Feeling like "in a fog"	
	"Don't feel right"	
	Difficulty concentrating	
	Difficulty remembering	
	Fatigue or low energy	
	Confusion	
	Drowsiness	
	More emotional	
	Irritability	
	Sadness	
	Nervous or anxious	
	Trouble falling asleep	
	Symptoms get worse with physical activity?	
	Symptoms get worse with mental activity?	
	If 100% is feeling perfectly normal, what percent of normal do you feel?	
STEP 3 COGNITIVE SCREENING		
ORIENTATION	Month	
	Today's date	
	Weekday	
	Current year	
	Current time (within 1 hour)	
IMMEDIATE MEMORY	Repeat as many words as possible from a read list	
CONCENTRATION – Digits	Repeat a string of numbers	
backwards	Repeat a string of numbers in reverse order	
MONTHS IN REVERSE ORDER	Tell the months of the year in reverse order	
STEP 4 NEUROLOGICAL SCREEN	Read out loud and follow instructions without difficulty	
	Full range of pain-free PASSIVE cervical spine movement	
	(fixed head) Look side-to-side and up-and-down	

	Perform finger nose coordination test normally Perform tandem gait normally	
BALANCE EXAMINATION Modified Balance Error Scoring System (mBESS) testing	Double leg stance Single leg stance (non-dominant foot) Tandem stance (non-dominant foot at back)	
STEP 5 DELAYED RECALL	Repeat as many words as possible from the previously read list (step 3)	

Considerations and usability of the 5th edition of the Sport Concussion Assessment Tool (SCAT5) for the office or off-field assessment in <u>athletes with (single) lower limb</u> <u>deficiency</u>

STEP 1 ATHLETE BACKGROUND	Hospitalization for a head injury?	
	Headache disorder or migraines?	
	Learning disability / dyslexia?	
	ADD / ADHD?	
	Depression, anxiety or other psychiatric disorder?	
STEP 2 SYMPTOM EVALUATION	Headache	
	"Pressure in head"	
	Neck pain	
	Nausea or vomiting	
	Dizziness	
	Blurred vision	
	Balance problems	
	Sensitivity to light	
	Sensitivity to noise	
	Feeling slowed down	
	Feeling like "in a fog"	
	"Don't feel right"	
	Difficulty concentrating	
	Difficulty remembering	
	Fatigue or low energy	
	Confusion	
	Drowsiness	
	More emotional	
	Irritability	
	Sadness	
	Nervous or anxious	
	Trouble falling asleep	
	Symptoms get worse with physical activity?	
	Symptoms get worse with mental activity?	
	If 100% is feeling perfectly normal, what percent of normal do you feel?	
STEP 3 COGNITIVE SCREENING		
ORIENTATION	Month	
	Today's date	
	Weekday	
	Current year	
	Current time (within 1 hour)	
IMMEDIATE MEMORY	Repeat as many words as possible from a read list	
CONCENTRATION – Digits	Repeat a string of numbers	
backwards	Repeat a string of numbers in reverse order	
MONTHS IN REVERSE ORDER	Tell the months of the year in reverse order	
STEP 4 NEUROLOGICAL SCREEN	Read out loud and follow instructions without difficulty	
	Full range of pain-free PASSIVE cervical spine movement	
	(fixed head) Look side-to-side and up-and-down	

	Perform finger nose coordination test normally	
	Perform tandem gait normally	
BALANCE EXAMINATION	Double leg stance	Test in day prosthetic
Modified Balance Error Scoring	Single leg stance (non-dominant foot)	Test in day prosthetic
System (mBESS) testing	Tandem stance (non-dominant foot at back)	Test in day prosthetic
STEP 5 DELAYED RECALL	Repeat as many words as possible from the previously read list (step 3)	

Considerations and usability of the 5th edition of the Sport Concussion Assessment Tool (SCAT5) for the office or off-field assessment in athletes with (bilateral) lower limb deficiency

STEP 1 ATHLETE BACKGROUND	Hospitalization for a head injury?	
	Headache disorder or migraines?	
	Learning disability / dyslexia?	
	ADD / ADHD?	
	Depression, anxiety or other psychiatric disorder?	
STEP 2 SYMPTOM EVALUATION	Headache	
	"Pressure in head"	
	Neck pain	
	Nausea or vomiting	
	Dizziness	
	Blurred vision	
	Balance problems	Consider looking for change
	Sensitivity to light	
	Sensitivity to noise	
	Feeling slowed down	
	Feeling like "in a fog"	
	"Don't feel right"	
	Difficulty concentrating	
	Difficulty remembering	
	Fatigue or low energy	
	Confusion	
	Drowsiness	
	More emotional	
	Irritability	
	Sadness	
	Nervous or anxious	
	Trouble falling asleep	
	Symptoms get worse with physical activity?	
	Symptoms get worse with mental activity?	
	If 100% is feeling perfectly normal, what percent of normal do you feel?	
STEP 3 COGNITIVE SCREENING		
ORIENTATION	Month	
	Today's date	
	Weekday	
	Current year	
	Current time (within 1 hour)	
IMMEDIATE MEMORY	Repeat as many words as possible from a read list	
CONCENTRATION – Digits	Repeat a string of numbers	
backwards	Repeat a string of numbers in reverse order	
MONTHS IN REVERSE ORDER	Tell the months of the year in reverse order	
STEP 4 NEUROLOGICAL SCREEN	Read out loud and follow instructions without difficulty	
	Full range of pain-free PASSIVE cervical spine movement	
	(fixed head) Look side-to-side and up-and-down	

	Perform finger nose coordination test normally	
	Perform tandem gait normally	
BALANCE EXAMINATION	Double leg stance	Test in day prosthetic or no prosthetic
Modified Balance Error Scoring	Single leg stance (non-dominant foot)	Test in day prosthetic or no prosthetic
System (mBESS) testing	Tandem stance (non-dominant foot at back)	Test in day prosthetic or no prosthetic
STEP 5 DELAYED RECALL	Repeat as many words as possible from the previously read list (step 3)	

Considerations and usability of the 5th edition of the Sport Concussion Assessment Tool (SCAT5) for the office or off-field assessment in athletes with impaired vision

STEP 1 ATHLETE BACKGROUND	Hospitalization for a head injury?	
	Headache disorder or migraines?	
	Learning disability / dyslexia?	
	ADD / ADHD?	
	Depression, anxiety or other psychiatric disorder?	
STEP 2 SYMPTOM EVALUATION	Symptom form with instructions	Consider translator/screen reader
The athlete should be given the symptom form and asked to read this	Headache	
instruction paragraph out loud, and	"Pressure in head"	
then complete the symptom scale	Neck pain	
	Nausea or vomiting	
	Dizziness	
	Blurred vision	
	Balance problems	
	Sensitivity to light	
	Sensitivity to noise	
	Feeling slowed down	
	Feeling like "in a fog"	
	"Don't feel right"	
	Difficulty concentrating	
	Difficulty remembering	
	Fatigue or low energy	
	Confusion	
	Drowsiness	
	More emotional	
	Irritability	
	Sadness	
	Nervous or anxious	
	Trouble falling asleep	
	Symptoms get worse with physical activity?	
	Symptoms get worse with mental activity?	
	If 100% is feeling perfectly normal, what percent of normal do you feel?	
STEP 3 COGNITIVE SCREENING		
ORIENTATION	Month	
	Today's date	
	Weekday	
	Current year	
	Current time (within 1 hour)	
IMMEDIATE MEMORY	Repeat as many words as possible from a read list	
CONCENTRATION – Digits backwards	Repeat a string of numbers	
	Repeat a string of numbers in reverse order	
MONTHS IN REVERSE ORDER	Tell the months of the year in reverse order	
STEP 4 NEUROLOGICAL SCREEN	Read out loud and follow instructions without difficulty	
	Full range of pain-free PASSIVE cervical spine movement	
	(fixed head) Look side-to-side and up-and-down	

	Perform finger nose coordination test normally	Baseline may be an issue
	Perform tandem gait normally	Baseline may be lower
BALANCE EXAMINATION	Double leg stance	Baseline may be lower
Modified Balance Error Scoring	Single leg stance (non-dominant foot)	Baseline may be lower
System (mBESS) testing	Tandem stance (non-dominant foot at back)	Baseline may be lower
STEP 5 DELAYED RECALL	Repeat as many words as possible from the previously read list (step 3)	

Considerations and usability of the 5th edition of the Sport Concussion Assessment Tool (SCAT5) for the office or off-field assessment in <u>athletes with absent vision</u>

STEP 1 ATHLETE BACKGROUND	Hospitalization for a head injury?	
	Headache disorder or migraines?	
	Learning disability / dyslexia?	
	ADD / ADHD?	
	Depression, anxiety or other psychiatric disorder?	
STEP 2 SYMPTOM EVALUATION	Symptom form with instructions	Consider translator/screen reader
The athlete should be given the symptom form and asked to read this	Headache	
instruction paragraph out loud, and	"Pressure in head"	
then complete the symptom scale	Neck pain	
	Nausea or vomiting	
	Dizziness	
	Blurred vision	
	Balance problems	
	Sensitivity to light	
	Sensitivity to noise	
	Feeling slowed down	
	Feeling like "in a fog"	
	"Don't feel right"	
	Difficulty concentrating	
	Difficulty remembering	
	Fatigue or low energy	
	Confusion	
	Drowsiness	
	More emotional	
	Irritability	
	Sadness	
	Nervous or anxious	
	Trouble falling asleep	
	Symptoms get worse with physical activity?	
	Symptoms get worse with mental activity?	
	If 100% is feeling perfectly normal, what percent of normal do you feel?	
STEP 3 COGNITIVE SCREENING		
ORIENTATION	Month	
	Today's date	
	Weekday	
	Current year	
	Current time (within 1 hour)	
IMMEDIATE MEMORY	Repeat as many words as possible from a read list	
CONCENTRATION – Digits	Repeat a string of numbers	
backwards	Repeat a string of numbers in reverse order	
MONTHS IN REVERSE ORDER	Tell the months of the year in reverse order	
STEP 4 NEUROLOGICAL SCREEN	Read out loud and follow instructions without difficulty	
	Full range of pain-free PASSIVE cervical spine movement	
	(fixed head) Look side-to-side and up-and-down	

	Perform finger nose coordination test normally	Baseline may be lower
	Perform tandem gait normally	Baseline may be lower
BALANCE EXAMINATION	Double leg stance	Baseline may be lower
Modified Balance Error Scoring	Single leg stance (non-dominant foot)	Baseline may be lower
System (mBESS) testing	Tandem stance (non-dominant foot at back)	Baseline may be lower
STEP 5 DELAYED RECALL	Repeat as many words as possible from the previously read list (step 3)	

Considerations and usability of the 5th edition of the Sport Concussion Assessment Tool (SCAT5) for the office or off-field assessment in <u>athletes with globe absent</u>

STEP 1 ATHLETE BACKGROUND	Hospitalization for a head injury?	
	Headache disorder or migraines?	
	Learning disability / dyslexia?	
	ADD / ADHD?	
	Depression, anxiety or other psychiatric disorder?	
STEP 2 SYMPTOM EVALUATION	Symptom form with instructions	Consider translator/screen reader
The athlete should be given the symptom form and asked to read this	Headache	
instruction paragraph out loud, and	"Pressure in head"	
then complete the symptom scale	Neck pain	
	Nausea or vomiting	
	Dizziness	
	Blurred vision	
	Balance problems	
	Sensitivity to light	
	Sensitivity to noise	
	Feeling slowed down	
	Feeling like "in a fog"	
	"Don't feel right"	
	Difficulty concentrating	
	Difficulty remembering	
	Fatigue or low energy	
	Confusion	
	Drowsiness	
	More emotional	
	Irritability	
	Sadness	
	Nervous or anxious	
	Trouble falling asleep	Consider if unilateral or bilateral
	Symptoms get worse with physical activity?	
	Symptoms get worse with mental activity?	
	If 100% is feeling perfectly normal, what percent of normal do you feel?	
STEP 3 COGNITIVE SCREENING		
ORIENTATION	Month	
	Today's date	
	Weekday	
	Current year	
	Current time (within 1 hour)	
IMMEDIATE MEMORY	Repeat as many words as possible from a read list	
CONCENTRATION – Digits backwards	Repeat a string of numbers	
	Repeat a string of numbers in reverse order	
MONTHS IN REVERSE ORDER	Tell the months of the year in reverse order	
STEP 4 NEUROLOGICAL SCREEN	Read out loud and follow instructions without difficulty	
	Full range of pain-free PASSIVE cervical spine movement	
	(fixed head) Look side-to-side and up-and-down	

	Perform finger nose coordination test normally	Baseline may be lower
	Perform tandem gait normally	Baseline may be lower
BALANCE EXAMINATION	Double leg stance	Baseline may be lower
Modified Balance Error Scoring	Single leg stance (non-dominant foot)	Baseline may be lower
System (mBESS) testing	Tandem stance (non-dominant foot at back)	Baseline may be lower
STEP 5 DELAYED RECALL	Repeat as many words as possible from the previously read list (step 3)	

Considerations and usability of the 5th edition of the Sport Concussion Assessment Tool (SCAT5) for the office or off-field assessment in <u>SCI athletes with quadriplegia</u>

STEP 2 SYMPTOM EVALUATION The athlete should be given the symptom form and asked to read this instruction paragraph out loud, and then complete the symptom scale	Hospitalization for a head injury? Headache disorder or migraines? Learning disability / dyslexia? ADD / ADHD? Depression, anxiety or other psychiatric disorder? Symptom form with instructions Headache "Pressure in head" Neck pain Nausea or vomiting Dizziness Blurred vision Balance problems Sensitivity to light Sensitivity to noise Feeling slowed down Feeling like "in a fog" "Don't feel right" Difficulty concentrating Difficulty remembering Fatigue or low energy Confusion Drowsiness More emotional	Consider initial injury Consider reporting sitting balance
	Trouble falling asleep Symptoms get worse with physical activity?	
	Symptoms get worse with physical activity?	
	If 100% is feeling perfectly normal, what percent of normal do you feel?	
STEP 3 COGNITIVE SCREENING		
ORIENTATION	Month	
	Today's date	
	Weekday	
	Current year	
	Current time (within 1 hour)	
IMMEDIATE MEMORY	Repeat as many words as possible from a read list	
CONCENTRATION – Digits backwards	Repeat a string of numbers	
	Repeat a string of numbers in reverse order Tell the months of the year in reverse order	
MONTHS IN REVERSE ORDER STEP 4 NEUROLOGICAL SCREEN	Read out loud and follow instructions without	
	difficulty Full range of pain-free PASSIVE cervical spine movement	Comparative to baseline
	(fixed head) Look side-to-side and up-and-down	

	Perform finger nose coordination test normally	Hand function may be affected
	Perform tandem gait normally	
BALANCE EXAMINATION	Double leg stance	
Modified Balance Error Scoring	Single leg stance (non-dominant foot)	
System (mBESS) testing	Tandem stance (non-dominant foot at back)	
STEP 5 DELAYED RECALL	Repeat as many words as possible from the previously read list (step 3)	

Considerations and usability of the 5th edition of the Sport Concussion Assessment Tool (SCAT5) for the office or off-field assessment in <u>SCI athletes with paraplegia</u>

STEP 1 ATHLETE BACKGROUND	Hospitalization for a head injury?	Consider initial injury
	Headache disorder or migraines?	
	Learning disability / dyslexia?	
	ADD / ADHD?	
	Depression, anxiety or other psychiatric disorder?	
STEP 2 SYMPTOM EVALUATION	Symptom form with instructions	
The athlete should be given the symptom form and asked to read this	Headache	
instruction paragraph out loud, and	"Pressure in head"	
then complete the symptom scale	Neck pain	
	Nausea or vomiting	
	Dizziness	
	Blurred vision	
	Balance problems	Consider reporting sitting balance
	Sensitivity to light	
	Sensitivity to noise	
	Feeling slowed down	
	Feeling like "in a fog"	
	"Don't feel right"	
	Difficulty concentrating	
	Difficulty remembering	
	Fatigue or low energy	
	Confusion	
	Drowsiness	
	More emotional	
	Irritability	
	Sadness	
	Nervous or anxious	
	Trouble falling asleep	
	Symptoms get worse with physical activity?	
	Symptoms get worse with mental activity?	
	If 100% is feeling perfectly normal, what percent of normal do you feel?	
STEP 3 COGNITIVE SCREENING		
ORIENTATION	Month	
	Today's date	
	Weekday	
	Current year	
	Current time (within 1 hour)	
IMMEDIATE MEMORY	Repeat as many words as possible from a read list	
CONCENTRATION – Digits backwards	Repeat a string of numbers Repeat a string of numbers in reverse order	
MONTHS IN REVERSE ORDER STEP 4 NEUROLOGICAL SCREEN	Tell the months of the year in reverse order Read out loud and follow instructions without	
	difficulty Full range of pain-free PASSIVE cervical spine	
	movement (fixed head) Look side-to-side and up-and-down	
	(Linea head) Look side to-side and up-and-down	

	Perform finger nose coordination test normally Perform tandem gait normally	
BALANCE EXAMINATION Modified Balance Error Scoring System (mBESS) testing	Double leg stance Single leg stance (non-dominant foot) Tandem stance (non-dominant foot at back)	
STEP 5 DELAYED RECALL	Repeat as many words as possible from the previously read list (step 3)	

Considerations and usability of the 5th edition of the Sport Concussion Assessment Tool (SCAT5) for the office or off-field assessment in Cerebral Palsy athletes with spastic diplegia

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STEP 1 ATHLETE BACKGROUND	Hospitalization for a head injury?	
	Headache disorder or migraines?	
	Learning disability / dyslexia?	Increased risk
	ADD / ADHD?	Increased risk
	Depression, anxiety or other psychiatric disorder?	
STEP 2 SYMPTOM EVALUATION The athlete should be given the	Symptom form with instructions	Consider if accompanying person required/modify descriptive words
symptom form and asked to read this	Headache	
instruction paragraph out loud, and then complete the symptom scale	"Pressure in head"	
their complete the symptom scale	Neck pain	Consider baseline
	Nausea or vomiting	
	Dizziness	
	Blurred vision	Increased risk
	Balance problems	
	Sensitivity to light	
	Sensitivity to noise	
	Feeling slowed down	
	Feeling like "in a fog"	
	"Don't feel right"	
	Difficulty concentrating	Reflect on values over time
	Difficulty remembering	Reflect on values over time
	Fatigue or low energy	
	Confusion	
	Drowsiness	
	More emotional	
	Irritability	
	Sadness	
	Nervous or anxious	
	Trouble falling asleep	
	Symptoms get worse with physical activity?	
	Symptoms get worse with mental activity?	
	If 100% is feeling perfectly normal, what percent of normal do you feel?	
STEP 3 COGNITIVE SCREENING		
ORIENTATION	Month	
	Today's date	
	Weekday	
	Current year	
	Current time (within 1 hour)	
IMMEDIATE MEMORY	Repeat as many words as possible from a read list	Can tester interpret/LD association
CONCENTRATION – Digits	Repeat a string of numbers	Can tester interpret/LD association
backwards	Repeat a string of numbers in reverse order	Can tester interpret/LD association
MONTHS IN REVERSE ORDER	Tell the months of the year in reverse order	Can tester interpret/LD association
STEP 4 NEUROLOGICAL SCREEN	Read out loud and follow instructions without difficulty	Increased risk
	Full range of pain-free PASSIVE cervical spine movement	Comparative to baseline

	(fixed head) Look side-to-side and up-and-down	
	Perform finger nose coordination test normally	Hand function may be affected
	Perform tandem gait normally	Leg function may be affected
BALANCE EXAMINATION	Double leg stance	
Modified Balance Error Scoring	Single leg stance (non-dominant foot)	
System (mBESS) testing	Tandem stance (non-dominant foot at back)	
STEP 5 DELAYED RECALL	Repeat as many words as possible from the previously read list (step 3)	Consider association with learning disability

Considerations and usability of the 5th edition of the Sport Concussion Assessment Tool (SCAT5) for the office or off-field assessment in Cerebral Palsy athletes with spastic hemiplegia

STEP 1 ATHLETE BACKGROUND	Hospitalization for a head injury?	
SIEF I ATHLETE BACKGROUND	Headache disorder or migraines?	
		Increased risk
	Learning disability / dyslexia? ADD / ADHD?	Increased risk
	Depression, anxiety or other psychiatric	increased risk
	disorder?	
STEP 2 SYMPTOM EVALUATION The athlete should be given the	Symptom form with instructions	Consider if accompanying person required/modify descriptive words
symptom form and asked to read this	Headache	
instruction paragraph out loud, and then complete the symptom scale	"Pressure in head"	
their complete the symptom scale	Neck pain	Consider baseline
	Nausea or vomiting	
	Dizziness	
	Blurred vision	Increased risk
	Balance problems	
	Sensitivity to light	
	Sensitivity to noise	
	Feeling slowed down	
	Feeling like "in a fog"	
	"Don't feel right"	
	Difficulty concentrating	Reflect on values over time
	Difficulty remembering	Reflect on values over time
	Fatigue or low energy	
	Confusion	
	Drowsiness	
	More emotional	
	Irritability	
	Sadness	
	Nervous or anxious	
	Trouble falling asleep	
	Symptoms get worse with physical activity?	
	Symptoms get worse with mental activity?	
	If 100% is feeling perfectly normal, what percent	
	of normal do you feel?	
STEP 3 COGNITIVE SCREENING		
ORIENTATION	Month	
	Today's date	
	Weekday	
	Current year	
	Current time (within 1 hour)	
IMMEDIATE MEMORY	Repeat as many words as possible from a read list	Can tester interpret/LD association
CONCENTRATION – Digits	Repeat a string of numbers	Can tester interpret/LD association
backwards	Repeat a string of numbers in reverse order	Can tester interpret/LD association
MONTHS IN REVERSE ORDER	Tell the months of the year in reverse order	Can tester interpret/LD association
STEP 4 NEUROLOGICAL SCREEN	Read out loud and follow instructions without difficulty	Increased risk
	Full range of pain-free PASSIVE cervical spine movement	Comparative to baseline

	(fixed head) Look side-to-side and up-and-down	
	Perform finger nose coordination test normally	Hand function not affected if use unaffected arm
	Perform tandem gait normally	Leg function will be affected
BALANCE EXAMINATION	Double leg stance	
Modified Balance Error Scoring	Single leg stance (non-dominant foot)	
System (mBESS) testing	Tandem stance (non-dominant foot at back)	
STEP 5 DELAYED RECALL	Repeat as many words as possible from the previously read list (step 3)	Consider association with learning disability

Considerations and usability of the 5th edition of the Sport Concussion Assessment Tool (SCAT5) for the office or off-field assessment in Cerebral Palsy athletes with spastic quadriplegia

STEP 1 ATHLETE BACKGROUND	Hospitalization for a head injury?	
STEE TAINEELE BACKGROUND	Headache disorder or migraines?	
	Learning disability / dyslexia?	Increased risk
	ADD / ADHD?	Increased risk
	Depression, anxiety or other psychiatric disorder?	
STEP 2 SYMPTOM EVALUATION The athlete should be given the	Symptom form with instructions	Consider if accompanying person required/modify descriptive words
symptom form and asked to read this	Headache	
instruction paragraph out loud, and	"Pressure in head"	
then complete the symptom scale	Neck pain	Consider baseline
	Nausea or vomiting	
	Dizziness	
	Blurred vision	Increased risk
	Balance problems	
	Sensitivity to light	
	Sensitivity to noise	
	Feeling slowed down	
	Feeling like "in a fog"	
	"Don't feel right"	
	Difficulty concentrating	Reflect on values over time
	Difficulty remembering	Reflect on values over time
	Fatigue or low energy	
	Confusion	
	Drowsiness	
	More emotional	
	Irritability	
	Sadness	
	Nervous or anxious	
	Trouble falling asleep	
	Symptoms get worse with physical activity?	
	Symptoms get worse with mental activity?	
	If 100% is feeling perfectly normal, what percent of normal do you feel?	
STEP 3 COGNITIVE SCREENING		
ORIENTATION	Month	
	Today's date	
	Weekday	
	Current year	
	Current time (within 1 hour)	
IMMEDIATE MEMORY	Repeat as many words as possible from a read list	Can tester interpret/LD association
CONCENTRATION – Digits	Repeat a string of numbers	Can tester interpret/LD association
backwards	Repeat a string of numbers in reverse order	Can tester interpret/LD association
MONTHS IN REVERSE ORDER	Tell the months of the year in reverse order	Can tester interpret/LD association
STEP 4 NEUROLOGICAL SCREEN	Read out loud and follow instructions without difficulty	Increased risk
	Full range of pain-free PASSIVE cervical spine movement	Comparative to baseline

	(fixed head) Look side-to-side and up-and-down	
	Perform finger nose coordination test normally	Hand function may be affected
	Perform tandem gait normally	Leg function will be affected
BALANCE EXAMINATION	Double leg stance	
Modified Balance Error Scoring	Single leg stance (non-dominant foot)	
System (mBESS) testing	Tandem stance (non-dominant foot at back)	
STEP 5 DELAYED RECALL	Repeat as many words as possible from the previously read list (step 3)	Consider association with learning disability

Considerations and usability of the 5th edition of the Sport Concussion Assessment Tool (SCAT5) for the office or off-field assessment in <u>Cerebral Palsy athletes with dyskinetic cerebral palsy</u>

CEED 1 ATHLETE DACKCOOLDED	Hospitalization for a head injury?	
STEP 1 ATHLETE BACKGROUND	Hospitalization for a head injury?	
	Headache disorder or migraines?	
	Learning disability / dyslexia?	Increased risk
	ADD / ADHD?	Increased risk
	Depression, anxiety or other psychiatric disorder?	
STEP 2 SYMPTOM EVALUATION The athlete should be given the	Symptom form with instructions	Consider if accompanying person required/modify descriptive words
symptom form and asked to read this	Headache	
instruction paragraph out loud, and	"Pressure in head"	
then complete the symptom scale	Neck pain	Consider baseline
	Nausea or vomiting	
	Dizziness	
	Blurred vision	Increased risk
	Balance problems	
	Sensitivity to light	
	Sensitivity to noise	
	Feeling slowed down	
	Feeling like "in a fog"	
	"Don't feel right"	
	Difficulty concentrating	Reflect on values over time
	Difficulty remembering	Reflect on values over time
	Fatigue or low energy	
	Confusion	
	Drowsiness	
	More emotional	
	Irritability	
	Sadness	
	Nervous or anxious	
	Trouble falling asleep	
	Symptoms get worse with physical activity?	
	Symptoms get worse with physical activity?	
	If 100% is feeling perfectly normal, what percent of normal do you feel?	
STEP 3 COGNITIVE SCREENING		
ORIENTATION	Month	Can tester interpret/LD association
	Today's date	Can tester interpret/LD association
	Weekday	Can tester interpret/LD association
	Current year	Can tester interpret/LD association
	Current time (within 1 hour)	Can tester interpret/LD association
IMMEDIATE MEMORY	Repeat as many words as possible from a read list	Can tester interpret/LD association
CONCENTRATION – Digits	Repeat a string of numbers	Can tester interpret/LD association
backwards	Repeat a string of numbers in reverse order	Can tester interpret/LD association
MONTHS IN REVERSE ORDER	Tell the months of the year in reverse order	Can tester interpret/LD association
STEP 4 NEUROLOGICAL SCREEN	Read out loud and follow instructions without difficulty	Increased risk
	Full range of pain-free PASSIVE cervical spine movement	Comparative to baseline

	(fixed head) Look side-to-side and up-and-down	
	Perform finger nose coordination test normally	Hand function may be affected
	Perform tandem gait normally	Leg function will be affected
BALANCE EXAMINATION	Double leg stance	
Modified Balance Error Scoring	Single leg stance (non-dominant foot)	
System (mBESS) testing	Tandem stance (non-dominant foot at back)	
STEP 5 DELAYED RECALL	Repeat as many words as possible from the previously read list (step 3)	Consider association with learning disability

Considerations and usability of the 5th edition of the Sport Concussion Assessment Tool (SCAT5) for the office or off-field assessment in <u>Cerebral Palsy athletes with ataxic cerebral palsy</u>

CEED 1 A THE CEE DA CHEED ALLE	Hamitalization for a hand injury?	
STEP 1 ATHLETE BACKGROUND	Hospitalization for a head injury?	
	Headache disorder or migraines?	
	Learning disability / dyslexia?	Increased risk
	ADD / ADHD?	Increased risk
	Depression, anxiety or other psychiatric disorder?	
STEP 2 SYMPTOM EVALUATION The athlete should be given the	Symptom form with instructions	Consider if accompanying person required/modify descriptive words
symptom form and asked to read this	Headache	
instruction paragraph out loud, and	"Pressure in head"	
then complete the symptom scale	Neck pain	Consider baseline
	Nausea or vomiting	
	Dizziness	
	Blurred vision	Increased risk
	Balance problems	
	Sensitivity to light	
	Sensitivity to noise	
	Feeling slowed down	
	Feeling like "in a fog"	
	"Don't feel right"	
	Difficulty concentrating	Reflect on values over time
	Difficulty remembering	Reflect on values over time
	Fatigue or low energy	
	Confusion	
	Drowsiness	
	More emotional	
	Irritability	
	Sadness	
	Nervous or anxious	
	Trouble falling asleep	
	Symptoms get worse with physical activity?	
	Symptoms get worse with mental activity?	
	If 100% is feeling perfectly normal, what percent of normal do you feel?	
STEP 3 COGNITIVE SCREENING	•	
ORIENTATION	Month	Can tester interpret/LD association
	Today's date	Can tester interpret/LD association
	Weekday	Can tester interpret/LD association
	Current year	Can tester interpret/LD association
	Current time (within 1 hour)	Can tester interpret/LD association
IMMEDIATE MEMORY	Repeat as many words as possible from a read list	Can tester interpret/LD association
CONCENTRATION – Digits	Repeat a string of numbers	Can tester interpret/LD association
backwards	Repeat a string of numbers in reverse order	Can tester interpret/LD association
MONTHS IN REVERSE ORDER	Tell the months of the year in reverse order	Can tester interpret/LD association
STEP 4 NEUROLOGICAL SCREEN	Read out loud and follow instructions without difficulty	Increased risk
	Full range of pain-free PASSIVE cervical spine movement	Comparative to baseline

	(fixed head) Look side-to-side and up-and-down	
	Perform finger nose coordination test normally	Hand function may be affected
	Perform tandem gait normally	Leg function will be affected
BALANCE EXAMINATION	Double leg stance	
Modified Balance Error Scoring	Single leg stance (non-dominant foot)	
System (mBESS) testing	Tandem stance (non-dominant foot at back)	
STEP 5 DELAYED RECALL	Repeat as many words as possible from the previously read list (step 3)	Consider association with learning disability

Considerations and usability of the 5th edition of the Sport Concussion Assessment Tool (SCAT5) for the office or off-field assessment in <u>Cerebral Palsy athletes with mixed cerebral palsy</u>

CEED 1 A THE CEE DA CHEED ALLE	Hagnitalization for a hand injury?	
STEP 1 ATHLETE BACKGROUND	Hospitalization for a head injury?	
	Headache disorder or migraines?	
	Learning disability / dyslexia?	Increased risk
	ADD / ADHD?	Increased risk
	Depression, anxiety or other psychiatric disorder?	
STEP 2 SYMPTOM EVALUATION The athlete should be given the	Symptom form with instructions	Consider if accompanying person required/modify descriptive words
symptom form and asked to read this	Headache	
instruction paragraph out loud, and	"Pressure in head"	
then complete the symptom scale	Neck pain	Consider baseline
	Nausea or vomiting	
	Dizziness	
	Blurred vision	Increased risk
	Balance problems	
	Sensitivity to light	
	Sensitivity to noise	
	Feeling slowed down	
	Feeling like "in a fog"	
	"Don't feel right"	
	Difficulty concentrating	Reflect on values over time
	Difficulty remembering	Reflect on values over time
	Fatigue or low energy	reneet on values over time
	Confusion	
	Drowsiness	
	More emotional	
	Irritability	
	Sadness	
	Nervous or anxious	
	Trouble falling asleep	
	Symptoms get worse with physical activity?	
	Symptoms get worse with mental activity?	
	If 100% is feeling perfectly normal, what percent of normal do you feel?	
STEP 3 COGNITIVE SCREENING	•	
ORIENTATION	Month	Can tester interpret/LD association
	Today's date	Can tester interpret/LD association
	Weekday	Can tester interpret/LD association
	Current year	Can tester interpret/LD association
	Current time (within 1 hour)	Can tester interpret/LD association
IMMEDIATE MEMORY	Repeat as many words as possible from a read list	Can tester interpret/LD association
CONCENTRATION – Digits	Repeat a string of numbers	Can tester interpret/LD association
backwards	Repeat a string of numbers in reverse order	Can tester interpret/LD association
MONTHS IN REVERSE ORDER	Tell the months of the year in reverse order	Can tester interpret/LD association
STEP 4 NEUROLOGICAL SCREEN	Read out loud and follow instructions without difficulty	Increased risk
	Full range of pain-free PASSIVE cervical spine movement	Comparative to baseline

	(fixed head) Look side-to-side and up-and-down	
	Perform finger nose coordination test normally	Hand function may be affected
	Perform tandem gait normally	Leg function will be affected
BALANCE EXAMINATION	Double leg stance	
Modified Balance Error Scoring	Single leg stance (non-dominant foot)	
System (mBESS) testing	Tandem stance (non-dominant foot at back)	
STEP 5 DELAYED RECALL	Repeat as many words as possible from the previously read list (step 3)	Consider association with learning disability

Considerations and usability of the 5th edition of the Sport Concussion Assessment Tool (SCAT5) for the office or off-field assessment in <u>athletes with intellectual impairment</u>

STEP 1 ATHLETE BACKGROUND	Hospitalization for a head injury?	
	Headache disorder or migraines?	
	Learning disability / dyslexia?	
	ADD / ADHD?	
	Depression, anxiety or other psychiatric disorder?	
STEP 2 SYMPTOM EVALUATION	Symptom form with instructions	Consider if accompanying person
The athlete should be given the symptom form and asked to read this	Headache	required/modify descriptive words
instruction paragraph out loud, and	"Pressure in head"	
then complete the symptom scale	Neck pain	
	Nausea or vomiting	
	Dizziness	
	Blurred vision	
	Balance problems	
	Sensitivity to light	
	Sensitivity to noise	
	Feeling slowed down	
	Feeling like "in a fog"	
	"Don't feel right"	
	Difficulty concentrating	
	Difficulty remembering	
	Fatigue or low energy	
	Confusion	
	Drowsiness	
	More emotional	
	Irritability	
	Sadness	
	Nervous or anxious	
	Trouble falling asleep	
	Symptoms get worse with physical activity?	
	Symptoms get worse with mental activity?	
	If 100% is feeling perfectly normal, what percent of normal do you feel?	
STEP 3 COGNITIVE SCREENING		
ORIENTATION	Month	
	Today's date	
	Weekday	
	Current year	
	Current time (within 1 hour)	
IMMEDIATE MEMORY	Repeat as many words as possible from a read list	Can tester interpret/LD association
CONCENTRATION – Digits	Repeat a string of numbers	
backwards	Repeat a string of numbers in reverse order	
MONTHS IN REVERSE ORDER	Tell the months of the year in reverse order	
STEP 4 NEUROLOGICAL SCREEN	Read out loud and follow instructions without difficulty	
	Full range of pain-free PASSIVE cervical spine movement	

	(fixed head) Look side-to-side and up-and-down	
	Perform finger nose coordination test normally	
	Perform tandem gait normally	
BALANCE EXAMINATION	Double leg stance	
Modified Balance Error Scoring	Single leg stance (non-dominant foot)	
System (mBESS) testing	Tandem stance (non-dominant foot at back)	
STEP 5 DELAYED RECALL	Repeat as many words as possible from the previously read list (step 3)	

Considerations and usability of the 5th edition of the Sport Concussion Assessment Tool (SCAT5) for the office or off-field assessment in athletes with achondroplasia

CTED 1 ATHLETE DACKCROUND	Hospitalization for a head injury?	
STEP 1 ATHLETE BACKGROUND	Headache disorder or migraines?	
	Learning disability / dyslexia?	
	ADD / ADHD?	
	Depression, anxiety or other psychiatric disorder?	
STEP 2 SYMPTOM EVALUATION	Symptom form with instructions	
The athlete should be given the symptom form and asked to read this	Headache	
instruction paragraph out loud, and	"Pressure in head"	
then complete the symptom scale	Neck pain	Increased incidence of atlantoaxial instability
	Nausea or vomiting	
	Dizziness	
	Blurred vision	
	Balance problems	
	Sensitivity to light	
	Sensitivity to noise	
	Feeling slowed down	
	Feeling like "in a fog"	
	"Don't feel right"	
	Difficulty concentrating	
	Difficulty remembering	
	Fatigue or low energy	
	Confusion	
	Drowsiness	
	More emotional	
	Irritability	
	Sadness	
	Nervous or anxious	
	Trouble falling asleep	
	Symptoms get worse with physical activity?	
	Symptoms get worse with mental activity?	
	If 100% is feeling perfectly normal, what percent of normal do you feel?	
STEP 3 COGNITIVE SCREENING	or normal do you reer.	
ORIENTATION	Month	
OMENIATION	Today's date	
	Weekday	
	Current year	
	Current time (within 1 hour)	
IMMEDIATE MEMORY	Repeat as many words as possible from a read list	
CONCENTRATION – Digits	Repeat a string of numbers	
backwards	Repeat a string of numbers in reverse order	
MONTHS IN REVERSE ORDER	Tell the months of the year in reverse order	
STEP 4 NEUROLOGICAL SCREEN	Read out loud and follow instructions without difficulty	
	Full range of pain-free PASSIVE cervical spine movement	Increased incidence of atlantoaxial instability

	(fixed head) Look side-to-side and up-and-down Perform finger nose coordination test normally	
	Perform tandem gait normally	
BALANCE EXAMINATION	Double leg stance	
Modified Balance Error Scoring	Single leg stance (non-dominant foot)	
System (mBESS) testing	Tandem stance (non-dominant foot at back)	
STEP 5 DELAYED RECALL	Repeat as many words as possible from the previously read list (step 3)	

Considerations and usability of the 5th edition of the Sport Concussion Assessment Tool (SCAT5) for the office or off-field assessment in <u>athletes with arthrogryposis</u>

Hospitalization for a head injury? Heached disorder or nigrainas? Learning disability / dyslexia? ADD / ADHD? Depression, anxiety or other psychiatric disorder? STEP 2 SYMPTOM EVALUATION The athlete should be given the symptom form and asked to read this instruction paragraph out load, and then complete the symptom seale STEP 2 SYMPTOM EVALUATION The athlete should be given the symptom form and asked to read this instruction paragraph out load, and then complete the symptom seale STEP 3 COGNITIVE SCREENING ORIENTATION IMMEDIATE MEMORY IMMEDIATE MEMORY IMMEDIATE MEMORY CONCENTRATION — Digits Backwards REP 2 SYMPTOM EVALUATION Hospitalization for a head injury? Learning display? Learning display? Depression, anxiety or other psychiatric disposale? Symptom form with instructions Heache "Pressure in head" Note pain Neace or vomiting Dizziness Blurred vision Balance problems Symptom form with instructions Weaknesorbalinee may be difficult to assess given reduced joint ROM Weaknesorbalinee may be difficult to assess given reduced joint ROM Weaknesorbalinee may be difficult to assess given reduced joint ROM Sensitivity to flight Sensitivity to flight Sensitivity to flight Sensitivity to flight Sensitivity to moise Feeling ilke "in a fog" "Don't feel right" Difficulty concentrating Difficulty remembering Faigue or low energy Confission Drowiness More emotional Irritability Sadness Nervous or anxious Trouble falling asleep Symptoms get wone with mental activity? Symptoms get wone with mental activity? Symptoms get wone with mental activity? If 100% is feeling perfectly normal, what percent of normal do you fee? STEP 3 COGNITIVE SCREENING ORIENTATION Month Today's date Weekday Current itine (within 1 hour) IMMEDIATE MEMORY CONCENTRATION — Digits Backwards	CTED 1 ATHLETE DACKCOOLDED	Hospitalization for a head injury?	
Learning disability / dyslexia? ADD / ADHD? Depression, anxiety or other psychiatric disorder? STEP 2 SYMPTOM EVALUATION The athlete should be given the symptom form and asked to read this instruction paragraph out loud, and then complete the symptom scale Hen complete the symptom scale Blurred vision Balance problems Blurred vision Balance problems Blurred vision Balance problems Blurred vision Balance problems Beriling slowed down Feeling slowed down Feeling slowed down Feeling like "in a fog" "Don't feel right" Difficulty remembering Fatigue or low energy Confusion Drowsiness More emotional Irritability Sadness Nervoss or anxious Trouble falting asleep Symptoms get worse with physical activity? If 100% is feeling perfectly normal, what percent of normal do you feel? STEP 3 COGNITIVE SCREENING ORIENTATION ORIENTATION Repeat as many words as possible from a read list Repeat a string of numbers.	SIEF I ATHLETE BACKGROUND		
ADD / ADHD? Depression, aniety or other psychiatric disorde? STEP 2 SYMPTOM EVALUATION The athlete should be given the symptom form and asked to read this instruction paragraph out loud, and then complete the symptom scale Neck pain Nausea or vomiting Dizziness Blurred vision Balance problems Weakness/balance may be difficult to assess given reduced joint ROM Sensitivity to light Sensitivity to noise Feeling slowed down Feeling like "in a fog" "Don't feel right" Difficulty remembering Failgue or low energy Confusion Drowsiness More emotional Irritability Salaces Nervous or anxious Trouble falling asleep Symptoms get worse with mental activity? Symptoms get worse with ge			
Depression, anxiety or other psychiatric disorder? STEP 2 SYMPTOM EVALUATION The athlete should be given the symptom form and asked to read this instruction paragraph out loud, and then complete the symptom scale Neck pain Nausea or vomiting Dizziness Blurred vision Balance problems Weakness/balance may be difficult to assess given reduced joint ROM Sensitivity to light Sensitivity to noise Feeling like "in a fog" "Don't feel right" Difficulty concentrating Difficulty remembering Fatgue or low energy Confusion Drowsiness More emotional Irriability Safaness Nervous or anxious Trouble falling askep Symptoms get worse with physical activity? Symptoms get worse with mental activity? If 100% is feeling perfectly normal, what percent of normal do you feel? STEP 3 COGNITIVE SCREENING ORIENTATION Month Today's date Weekday Current time (within I hour) Repeat as many words as possible from a read list ist CONCENTRATION – Digits Repeat as string of numbers			
STEP 2 SYMPTOM EVALUATION The athlete should be given the symptom form and asked to read this instruction paragraph out loud, and then complete the symptom scale Pressure in head* Neck pain		Depression, anxiety or other psychiatric	
The athlete should be given the symptom form and asked to read this instruction paragraph out loud, and then complete the symptom scale Headache			
symptom form and asked to read this instruction paragraph out loud, and then complete the symptom scale Pressure in head* Neck pain Neck pain Number of votining Dizziness Bilured vision Balance problems Weakness/halance may be difficult to assess given reduced joint ROM Sensitivity to noise Feeling slowed down Feeling like "in a fog" Tool't feel right" Difficulty concentrating Difficulty remembering Faitgue or low energy Confusion Drowsiness More emotional Irritability Sadness Nervous or anxious Trouble falling asleep Symptoms get worse with mental activity? Symptoms get worse with mental activity? Symptoms get worse with mental activity? If 100% is feeling perfectly normal, what percent of normal doy ou feel?		• •	
instruction paragraph out loud, and then complete the symptom scale Neek pain Nausea or vomiting			
Nausea or vomiting Dizziness Blurred vision Balance problems Dizziness Blured vision Balance problems Weakness-balance may be difficult to assess given reduced join ROM Sensitivity to noise Feeling slowed down Feeling like "in a fog" "Don't feel right" Difficulty concentrating Difficulty remembering Fatigue or low energy Confusion Drowsiness More emotional Irritability Sadness Nervous or anxious Trouble falling asleep Symptoms get worse with physical activity? Symptoms get worse with mental activity? If 100% is feeling perfectly normal, what percent of normal do you feel? STEP 3 COGNITIVE SCREENING ORIENTATION Month Today's date Weekday Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as string of numbers	instruction paragraph out loud, and		
Dizziness Blurred vision Balance problems Weakness/balance may be difficult to assess given reduced joint ROM Sensitivity to light Sensitivity to noise Feeling slowed down Feeling like "in a fog" "Dor' feel right" Difficulty concentrating Difficulty remembering Fatigue or low energy Confusion Drowsiness More emotional Irritability Sadness Nervous or anxious Trouble falling asleep Symptoms get worse with physical activity? Symptoms get worse with mental activity? If 100% is feeling perfectly normal, what percent of normal do you feel? STEP 3 COGNITIVE SCREENING ORIENTATION Month Today's date Weekday Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION – Digits	then complete the symptom scale	*	
Blurred vision Balance problems Weakness/balance may be difficult to assess given reduced joint ROM Sensitivity to light Sensitivity to noise Feeling slowed down Feeling like "in a fog" "Don"t feel right" Difficulty concentrating Difficulty concentrating Difficulty remembering Fatigue or low energy Confusion Drowsiness More emotional Irritability Sadness Nervous or anxious Trouble falling asleep Symptoms get worse with physical activity? Symptoms get worse with mental activity? If 100% is feeling perfectly normal, what percent of normal do you feel? STEP 3 COGNITIVE SCREENING ORIENTATION Month Today's date Weekday Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION – Digits Repeat a string of numbers		· ·	
Balance problems Sensitivity to light Sensitivity to noise Feeling slowed down Feeling like "in a fog" "Don't feel right" Difficulty concentrating Difficulty remembering Fatigue or low energy Confusion Drowsiness More emotional Irritability Sadness Nervous or anxious Trouble falling asleep Symptoms get worse with mental activity? Symptoms get worse with mental activity? If 100% is feeling perfectly normal, what percent of normal do you feel? STEP 3 COGNITIVE SCREENING ORIENTATION Month Today's date Weekday Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION — Digits			
Sensitivity to light Sensitivity to noise Feeling slowed down Feeling like "in a fog" "Don't feel right" Difficulty concentrating Difficulty remembering Fatigue or low energy Confusion Drowsiness More emotional Irritability Sadness Nervous or anxious Trouble falling asleep Symptoms get worse with mental activity? If 100% is feeling perfectly normal, what percent of normal do you feel? STEP 3 COGNITIVE SCREENING ORIENTATION Month Today's date Weekday Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION — Digits Repeat a string of numbers			W 1 (1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
Sensitivity to noise Feeling slowed down Feeling like "in a fog" "Don't feel right" Difficulty concentrating Difficulty remembering Fatigue or low energy Confusion Drowsiness More emotional Irritability Sadness Nervous or anxious Trouble falling asleep Symptoms get worse with physical activity? Symptoms get worse with mental activity? If 100% is feeling perfectly normal, what percent of normal do you feel? STEP 3 COGNITIVE SCREENING ORIENTATION Month Today's date Weekday Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION – Digits Repeat as tring of numbers		Balance problems	
Feeling slowed down Feeling like "in a fog" "Don't feel right" Difficulty concentrating Patigue or low energy Confusion Drowsiness More emotional Irritability Sadness Nervous or anxious Trouble falling asleep Symptoms get worse with physical activity? Symptoms get worse with mental activity? If 100% is feeling perfectly normal, what percent of normal do you feel? STEP 3 COGNITIVE SCREENING ORIENTATION Month Today's date Weekday Current year Current time (within 1 hour) Repeat as many words as possible from a read list CONCENTRATION — Digits Repeat a string of numbers		Sensitivity to light	
Feeling like "in a fog" "Don't feel right" Difficulty concentrating Difficulty remembering Fatigue or low energy Confusion Drowsiness More emotional Irritability Sadness Nervous or anxious Trouble falling asleep Symptoms get worse with physical activity? Symptoms get worse with mental activity? If 100% is feeling perfectly normal, what percent of normal do you feel? STEP 3 COGNITIVE SCREENING ORIENTATION Month Today's date Weekday Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION — Digits Repeat a string of numbers		Sensitivity to noise	
"Don't feel right" Difficulty concentrating Difficulty remembering Fatigue or low energy Confusion Drowsiness More emotional Irritability Sadness Nervous or anxious Trouble falling asleep Symptoms get worse with physical activity? Symptoms get worse with mental activity? If 100% is feeling perfectly normal, what percent of normal do you feel? STEP 3 COGNITIVE SCREENING ORIENTATION Month Today's date Weekday Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION — Digits		Feeling slowed down	
Difficulty concentrating Difficulty remembering Fatigue or low energy Confusion Drowsiness More emotional Irritability Sadness Nervous or anxious Trouble falling asleep Symptoms get worse with physical activity? Symptoms get worse with mental activity? If 100% is feeling perfectly normal, what percent of normal do you feel? STEP 3 COGNITIVE SCREENING ORIENTATION Month Today's date Weekday Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION — Digits		Feeling like "in a fog"	
Difficulty remembering Fatigue or low energy Confusion Drowsiness More emotional Irritability Sadness Nervous or anxious Trouble falling asleep Symptoms get worse with physical activity? Symptoms get worse with mental activity? If 100% is feeling perfectly normal, what percent of normal do you feel? STEP 3 COGNITIVE SCREENING ORIENTATION Month Today's date Weekday Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION – Digits Repeat a string of numbers		"Don't feel right"	
Fatigue or low energy Confusion Drowsiness More emotional Irritability Sadness Nervous or anxious Trouble falling asleep Symptoms get worse with physical activity? Symptoms get worse with mental activity? If 100% is feeling perfectly normal, what percent of normal do you feel? STEP 3 COGNITIVE SCREENING ORIENTATION Month Today's date Weekday Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION — Digits		Difficulty concentrating	
Confusion Drowsiness More emotional Irritability Sadness Nervous or anxious Trouble falling asleep Symptoms get worse with physical activity? Symptoms get worse with mental activity? If 100% is feeling perfectly normal, what percent of normal do you feel? STEP 3 COGNITIVE SCREENING ORIENTATION Month Today's date Weekday Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION – Digits		Difficulty remembering	
Drowsiness More emotional Irritability Sadness Nervous or anxious Trouble falling asleep Symptoms get worse with physical activity? Symptoms get worse with mental activity? If 100% is feeling perfectly normal, what percent of normal do you feel? STEP 3 COGNITIVE SCREENING ORIENTATION Month Today's date Weekday Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION — Digits Repeat a string of numbers		Fatigue or low energy	
More emotional Irritability Sadness Nervous or anxious Trouble falling asleep Symptoms get worse with physical activity? Symptoms get worse with mental activity? If 100% is feeling perfectly normal, what percent of normal do you feel? STEP 3 COGNITIVE SCREENING ORIENTATION Month Today's date Weekday Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION — Digits Repeat a string of numbers		Confusion	
Irritability Sadness Nervous or anxious Trouble falling asleep Symptoms get worse with physical activity? Symptoms get worse with mental activity? If 100% is feeling perfectly normal, what percent of normal do you feel? STEP 3 COGNITIVE SCREENING ORIENTATION Month Today's date Weekday Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION – Digits Repeat a string of numbers		Drowsiness	
Sadness Nervous or anxious Trouble falling asleep Symptoms get worse with physical activity? Symptoms get worse with mental activity? If 100% is feeling perfectly normal, what percent of normal do you feel? STEP 3 COGNITIVE SCREENING ORIENTATION Month Today's date Weekday Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION – Digits Repeat a string of numbers		More emotional	
Nervous or anxious Trouble falling asleep Symptoms get worse with physical activity? Symptoms get worse with mental activity? If 100% is feeling perfectly normal, what percent of normal do you feel? STEP 3 COGNITIVE SCREENING Month Today's date Weekday Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION – Digits Repeat a string of numbers		Irritability	
Trouble falling asleep Symptoms get worse with physical activity? Symptoms get worse with mental activity? If 100% is feeling perfectly normal, what percent of normal do you feel? STEP 3 COGNITIVE SCREENING ORIENTATION Month Today's date Weekday Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION – Digits Repeat a string of numbers		Sadness	
Symptoms get worse with physical activity? Symptoms get worse with mental activity? If 100% is feeling perfectly normal, what percent of normal do you feel? STEP 3 COGNITIVE SCREENING ORIENTATION Month Today's date Weekday Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION – Digits Repeat a string of numbers		Nervous or anxious	
Symptoms get worse with mental activity? If 100% is feeling perfectly normal, what percent of normal do you feel? STEP 3 COGNITIVE SCREENING Month Today's date Weekday Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION – Digits Repeat a string of numbers		Trouble falling asleep	
If 100% is feeling perfectly normal, what percent of normal do you feel? STEP 3 COGNITIVE SCREENING Month Today's date Weekday Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION – Digits Repeat a string of numbers		Symptoms get worse with physical activity?	
of normal do you feel? STEP 3 COGNITIVE SCREENING ORIENTATION Month Today's date Weekday Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION – Digits Repeat a string of numbers		Symptoms get worse with mental activity?	
ORIENTATION Month Today's date Weekday Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION – Digits Repeat a string of numbers			
Today's date Weekday Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION – Digits Repeat a string of numbers	STEP 3 COGNITIVE SCREENING		
Weekday Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION – Digits Repeat a string of numbers	ORIENTATION	Month	
Current year Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION – Digits Repeat a string of numbers		Today's date	
Current time (within 1 hour) IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION – Digits Repeat a string of numbers		Weekday	
IMMEDIATE MEMORY Repeat as many words as possible from a read list CONCENTRATION – Digits Repeat a string of numbers		Current year	
CONCENTRATION – Digits Repeat a string of numbers		Current time (within 1 hour)	
1 1 1	IMMEDIATE MEMORY		
backwards Repeat a string of numbers in reverse order		Repeat a string of numbers	
	backwards	Repeat a string of numbers in reverse order	
MONTHS IN REVERSE ORDER Tell the months of the year in reverse order	MONTHS IN REVERSE ORDER	Tell the months of the year in reverse order	
STEP 4 NEUROLOGICAL SCREEN Read out loud and follow instructions without difficulty	STEP 4 NEUROLOGICAL SCREEN		
Full range of pain-free PASSIVE cervical spine movement May be altered due to reduced joint ROM			May be altered due to reduced joint ROM

	(fixed head) Look side-to-side and up-and-down	
	Perform finger nose coordination test normally	May be altered due to reduced joint ROM
	Perform tandem gait normally	May be altered due to reduced joint ROM
BALANCE EXAMINATION	Double leg stance	Gait affected in those with LE manifestations
Modified Balance Error Scoring	Single leg stance (non-dominant foot)	Gait affected in those with LE manifestations
System (mBESS) testing	Tandem stance (non-dominant foot at back)	Gait affected in those with LE manifestations
STEP 5 DELAYED RECALL	Repeat as many words as possible from the previously read list (step 3)	

Considerations and usability of the 5th edition of the Sport Concussion Assessment Tool (SCAT5) for the office or off-field assessment in <u>athletes with polio</u>

STEP 1 ATHLETE BACKGROUND	Hospitalization for a head injury?	
STEF TATHLETE BACKGROUND	Headache disorder or migraines?	
	Learning disability / dyslexia?	
	ADD / ADHD?	
	Depression, anxiety or other psychiatric disorder?	
STEP 2 SYMPTOM EVALUATION	Symptom form with instructions	
The athlete should be given the	Headache	
symptom form and asked to read this instruction paragraph out loud, and	"Pressure in head"	
then complete the symptom scale	Neck pain	Dependent on which muscles affected
	Nausea or vomiting	
	Dizziness	
	Blurred vision	
	Balance problems	Dependent on which muscles affected
	Sensitivity to light	
	Sensitivity to noise	
	Feeling slowed down	Consider presence in post polio syndrome
	Feeling like "in a fog"	Consider presence in post polio syndrome
	"Don't feel right"	Consider presence in post polio syndrome
	Difficulty concentrating	Consider presence in post polio syndrome
	Difficulty remembering	Consider presence in post polio syndrome
	Fatigue or low energy	Consider presence in post polio syndrome
	Confusion	
	Drowsiness	Consider presence in post polio syndrome
	More emotional	
	Irritability	
	Sadness	
	Nervous or anxious	
	Trouble falling asleep	
	Symptoms get worse with physical activity?	Consider presence in post polio syndrome
	Symptoms get worse with mental activity?	Consider presence in post polio syndrome
	If 100% is feeling perfectly normal, what percent of normal do you feel?	
STEP 3 COGNITIVE SCREENING		
ORIENTATION	Month	
	Today's date	
	Weekday	
	Current year	
	Current time (within 1 hour)	
IMMEDIATE MEMORY	Repeat as many words as possible from a read list	
CONCENTRATION – Digits	Repeat a string of numbers	
backwards	Repeat a string of numbers in reverse order	
MONTHS IN REVERSE ORDER	Tell the months of the year in reverse order	
STEP 4 NEUROLOGICAL SCREEN	Read out loud and follow instructions without difficulty	
	Full range of pain-free PASSIVE cervical spine movement	Dependent on which muscles affected
	(fixed head) Look side-to-side and up-and-down	

	Perform finger nose coordination test normally	Likely to have baseline weakness (less likely tingling/burning)
	Perform tandem gait normally	Likely to have baseline weakness (less likely tingling/burning)
BALANCE EXAMINATION	Double leg stance	Dependent on which muscles affected
Modified Balance Error Scoring	Single leg stance (non-dominant foot)	Dependent on which muscles affected
System (mBESS) testing	Tandem stance (non-dominant foot at back)	Dependent on which muscles affected
STEP 5 DELAYED RECALL	Repeat as many words as possible from the previously read list (step 3)	

Considerations and usability of the 5th edition of the Sport Concussion Assessment Tool (SCAT5) for the office or off-field assessment in athletes with muscular dystrophy

CTED 1 ATILI ETE DACKCDOLIND Hospitalization for a head injury?

STEP 1 ATHLETE BACKGROUND	Hospitalization for a head injury?	
	Headache disorder or migraines?	
	Learning disability / dyslexia?	
	ADD / ADHD?	
	Depression, anxiety or other psychiatric disorder?	
STEP 2 SYMPTOM EVALUATION	Symptom form with instructions	
The athlete should be given the symptom form and asked to read this	Headache	
instruction paragraph out loud, and	"Pressure in head"	
then complete the symptom scale	Neck pain	
	Nausea or vomiting	
	Dizziness	Vision can be affected in OPMD
	Blurred vision	Vision can be affected in OPMD
	Balance problems	
	Sensitivity to light	
	Sensitivity to noise	
	Feeling slowed down	
	Feeling like "in a fog"	
	"Don't feel right"	
	Difficulty concentrating	
	Difficulty remembering	
	Fatigue or low energy	Increased risk common
	Confusion	
	Drowsiness	
	More emotional	
	Irritability	
	Sadness	
	Nervous or anxious	
	Trouble falling asleep	
	Symptoms get worse with physical activity?	Early fatigue is common in people with MD
	Symptoms get worse with mental activity? If 100% is feeling perfectly normal, what percent of normal do you feel?	
STEP 3 COGNITIVE SCREENING	or normal action leer.	
ORIENTATION	Month	
OMENTATION	Today's date	
	Weekday	
	Current year	
	Current time (within 1 hour)	
IMMEDIATE MEMORY	Repeat as many words as possible from a read list	
CONCENTRATION – Digits	Repeat a string of numbers	
backwards	Repeat a string of numbers in reverse order	
MONTHS IN REVERSE ORDER	Tell the months of the year in reverse order	
STEP 4 NEUROLOGICAL SCREEN	Read out loud and follow instructions without difficulty	
	Full range of pain-free PASSIVE cervical spine movement	May be altered due to muscle weakness
	(fixed head) Look side-to-side and up-and-down	Vision can be affected in OPMD

	Perform finger nose coordination test normally	May be altered due to muscle weakness
	Perform tandem gait normally	May be altered due to muscle weakness
BALANCE EXAMINATION	Double leg stance	May be altered due to muscle weakness
Modified Balance Error Scoring	Single leg stance (non-dominant foot)	May be altered due to muscle weakness
System (mBESS) testing	Tandem stance (non-dominant foot at back)	May be altered due to muscle weakness
STEP 5 DELAYED RECALL	Repeat as many words as possible from the previously read list (step 3)	

Considerations and usability of the 5th edition of the Sport Concussion Assessment Tool (SCAT5) for the office or off-field assessment in athletes with multiple sclerosis

STEP 1 ATHLETE BACKGROUND	Hospitalization for a head injury?	
STEE THIREETE BROKOKOUND	Headache disorder or migraines?	
	Learning disability / dyslexia?	
	ADD / ADHD?	
	Depression, anxiety or other psychiatric disorder?	
STEP 2 SYMPTOM EVALUATION	Symptom form with instructions	
The athlete should be given the	Headache	Headaches can be seen in MS especially if high
symptom form and asked to read this instruction paragraph out loud, and then complete the symptom scale	"Pressure in head"	burden brain lesions Headaches can be seen in MS especially if high burden brain lesions
their complete the symptom scale	Neck pain	burden brain lesions
	Nausea or vomiting	
	Dizziness	Vision can be affected in MS
	Blurred vision	Vision can be affected in MS
	Balance problems	
	Sensitivity to light	
	Sensitivity to noise	
	Feeling slowed down	
	Feeling like "in a fog"	
	"Don't feel right"	
	Difficulty concentrating	
	Difficulty remembering	
	Fatigue or low energy	
	Confusion	
	Drowsiness	
	More emotional	
	Irritability	
	Sadness	
	Nervous or anxious	
	Trouble falling asleep	
	Symptoms get worse with physical activity?	
	Symptoms get worse with mental activity?	
	If 100% is feeling perfectly normal, what percent of normal do you feel?	
STEP 3 COGNITIVE SCREENING		
ORIENTATION	Month	
	Today's date	
	Weekday	
	Current year	
	Current time (within 1 hour)	
IMMEDIATE MEMORY	Repeat as many words as possible from a read list	
CONCENTRATION – Digits	Repeat a string of numbers	
backwards	Repeat a string of numbers in reverse order	
MONTHS IN REVERSE ORDER	Tell the months of the year in reverse order	
STEP 4 NEUROLOGICAL SCREEN	Read out loud and follow instructions without difficulty	
	Full range of pain-free PASSIVE cervical spine movement	May be altered due to muscle weakness

	(fixed head) Look side-to-side and up-and-down	
	Perform finger nose coordination test normally	May be altered due to muscle weakness
	Perform tandem gait normally	May be altered due to muscle weakness
BALANCE EXAMINATION	Double leg stance	Peripheral strength affected in MS
Modified Balance Error Scoring	Single leg stance (non-dominant foot)	Peripheral strength affected in MS
System (mBESS) testing	Tandem stance (non-dominant foot at back)	Peripheral strength affected in MS
STEP 5 DELAYED RECALL	Repeat as many words as possible from the previously read list (step 3)	

Considerations and usability of the 5th edition of the Sport Concussion Assessment Tool (SCAT5) for the office or off-field assessment in athletes with spina bifida

CTED 1 ATHLETE DACKCOOLDED	Haspitalization for a hand injury?	
STEP 1 ATHLETE BACKGROUND	Hospitalization for a head injury?	
	Headache disorder or migraines?	
	Learning disability / dyslexia?	
	ADD / ADHD?	
	Depression, anxiety or other psychiatric disorder?	
STEP 2 SYMPTOM EVALUATION	Symptom form with instructions	
The athlete should be given the symptom form and asked to read this	Headache	Headaches can be seen in SB especially if chronic hydrocephalus
instruction paragraph out loud, and then complete the symptom scale	"Pressure in head"	Headaches can be seen in SB especially if chronic hydrocephalus
	Neck pain	Also a symptom of hydrocephalus
	Nausea or vomiting	Also a symptom of hydrocephalus
	Dizziness	
	Blurred vision	
	Balance problems	
	Sensitivity to light	
	Sensitivity to noise	
	Feeling slowed down	
	Feeling like "in a fog"	
	"Don't feel right"	
	Difficulty concentrating	Also a symptom of hydrocephalus
	Difficulty remembering	Also a symptom of hydrocephalus
	Fatigue or low energy	
	Confusion	
	Drowsiness	
	More emotional	
	Irritability	
	Sadness	
	Nervous or anxious	
	Trouble falling asleep	
	Symptoms get worse with physical activity?	
	Symptoms get worse with mental activity?	
	If 100% is feeling perfectly normal, what percent of normal do you feel?	
STEP 3 COGNITIVE SCREENING		
ORIENTATION	Month	
	Today's date	
	Weekday	
	Current year	
	Current time (within 1 hour)	
IMMEDIATE MEMORY	Repeat as many words as possible from a read list	Mild intellectual impairment often present in SB
CONCENTRATION – Digits	Repeat a string of numbers	Mild intellectual impairment often present in SB
backwards	Repeat a string of numbers in reverse order	Mild intellectual impairment often present in SB
MONTHS IN REVERSE ORDER	Tell the months of the year in reverse order	
STEP 4 NEUROLOGICAL SCREEN	Read out loud and follow instructions without difficulty	Mild intellectual impairment often present in SB
	Full range of pain-free PASSIVE cervical spine movement	

	(fixed head) Look side-to-side and up-and-down Perform finger nose coordination test normally	
	Perform tandem gait normally	LE strength affected in SB; UE motor testing likely normal
BALANCE EXAMINATION Modified Balance Error Scoring	Double leg stance	LE strength affected in SB; UE motor testing likely normal
System (mBESS) testing	Single leg stance (non-dominant foot)	LE strength affected in SB; UE motor testing likely normal
	Tandem stance (non-dominant foot at back)	LE strength affected in SB; UE motor testing likely normal
STEP 5 DELAYED RECALL	Repeat as many words as possible from the previously read list (step 3)	Mild intellectual impairment often present in SB