

Multiple choice questions (MCQs)

1. Balancing benefits and harms, which is best strategy for the management of acute and subacute NS-LBP:
 - A. pharmacological interventions
 - B. non-pharmacological interventions**
 - C. bed rest
 - D. surgery

2. Paracetamol can be recommended as a treatment choice for acute and subacute NS-LBP?
 - A. yes, prescription of low dosage (500 mg/die)
 - B. yes, prescription of higher dosage (4000 mg/die)
 - C. yes, any dosage
 - D. no, it is not superior to inert treatment**

3. Among pharmacological interventions, which is best efficacious?
 - A. Muscle relaxants**
 - B. NSAIDS
 - C. opioids
 - D. paracetamol

4. In which treatments mild and moderate adverse events are often present?
 - A. manual therapy, heat wrap
 - B. opioids, NSAIDS, steroids**
 - C. paracetamol
 - D. muscle relaxant drugs

5. How was the overall certainty of the evidence for pain and disability outcomes in management of acute and subacute NS-LBP?
 - A. the range of overall certainty of the evidence was high
 - B. the range of overall certainty of the evidence was moderate
 - C. the range of overall certainty of the evidence varied**
 - D. the overall certainty of the evidence was not assessed