

Appendix 3

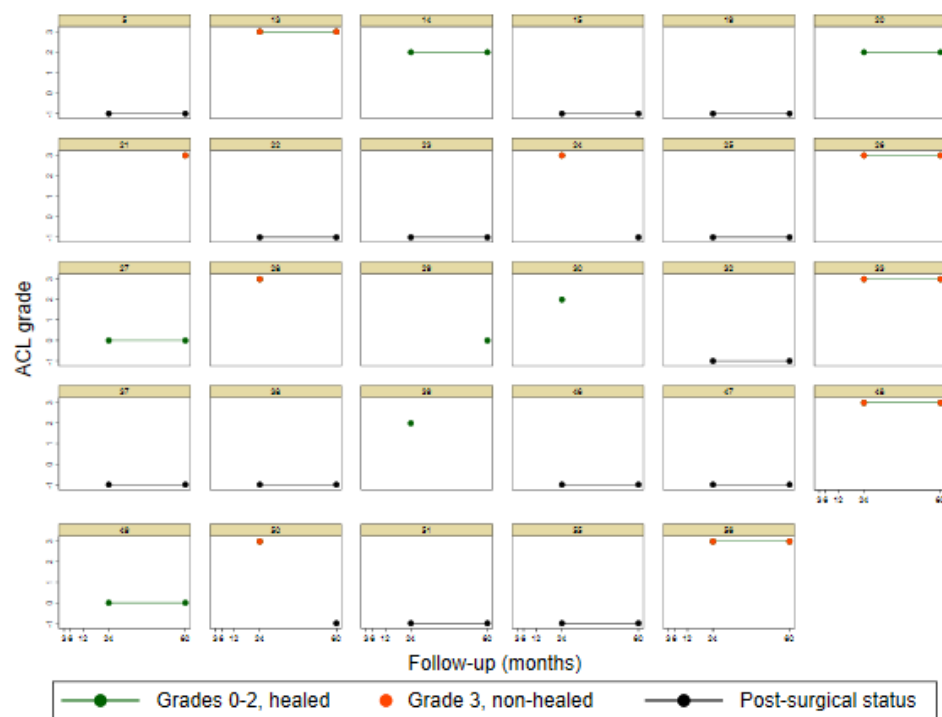


Figure 1A.

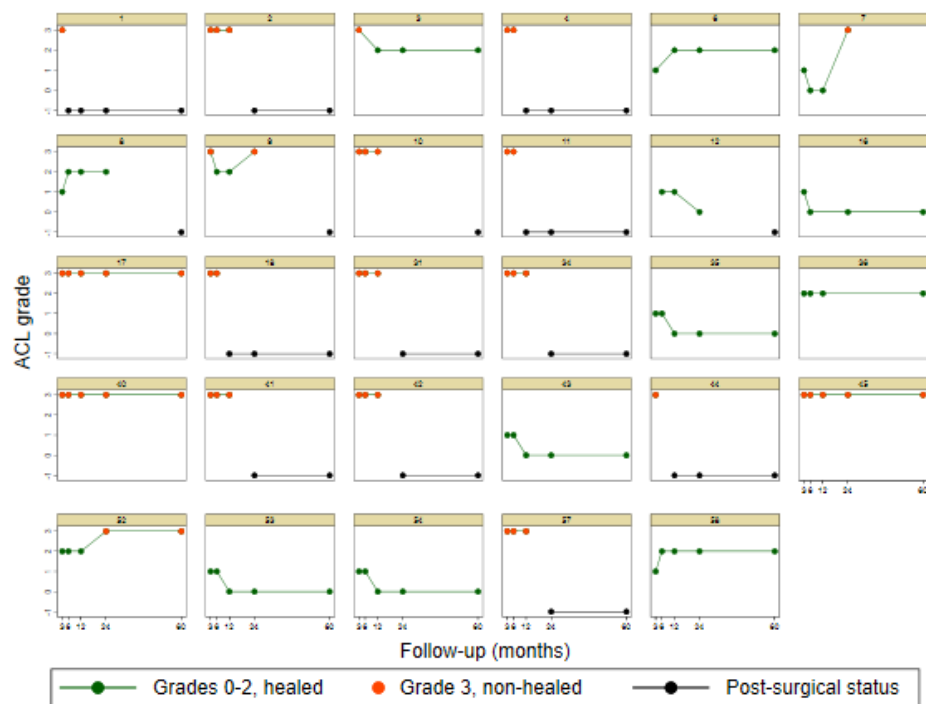


Figure 1B.

Figure 1. Individual patient trajectories depicting ACL healing as visualized on MRI at 3, 6, 12, 24 and 60 months follow-up, for patients randomised to exercise therapy plus optional delayed-ACLR

Figure 1A depicts data for participants who were only assigned to 24 and 60 month MRIs, Figure 1B depicts data for participants who were assigned to 3, 6, 12, 24 and 60 month MRIs. The Anterior Cruciate Ligament OsteoArthritis Score (ACLOAS) was used to classify ACL healing based on MRI findings at each follow-up time-point; 'ACL Healed' (green marker) = score of 0 to 2 (0 = Normal ligament with hypointense signal and regular thickness and continuity; 1 = Thickened ligament and/or high intraligamentous signal with normal course and continuity; 2 = Thinned or elongated but continuous ligament); 'ACL non- healed' (orange marker) = score of 3 (3 = Absent ligament or complete discontinuity); Post-surgical status = crossed-over to delayed-ACLR before follow-up time-point; No marker = depicts missing MRI data; Intensiv = depicts 29 patients randomly selected to have a greater number of MRIs (intensive data collection)