

## Appendix 4.

**Table 1.** Crude mean differences in KOOS Sport/Rec and KOOS QOL between participants with evidence of ACL healing on MRI and the other three groups, per follow-up

	Follow-up	Non-healed vs healed	Cross-over vs healed	Early-ACLR vs healed
KOOS Sport/Rec	2 years	-25.1 (-41.0, -9.2)	-24.4 (-39.0, -9.8)	-17.4 (-30.6, -4.3)
	5 years	-13.1 (-31.2, 4.9)	-10.0 (-24.5, 4.5)	-11.0 (-24.8, 2.8)
KOOS QOL	2 years	-28.4 (-42.1, -14.6)	-17.7 (-30.3, -5.2)	-11.9 (-23.1, -0.7)
	5 years	-26.3 (-41.9, -10.6)	-7.9 (-20.3, 4.6)	-8.0 (-19.8, 3.8)