

Appendix 4. Tests used in each study

| Study | Single-forward hop (n=42) | Repeated forward hops | | | Side hop (n=5) | One leg rise (n=4) | Vertical or square hop (n=2) | Battery of tests (n=15) |
|---|---------------------------|-----------------------|----------------------|----------------------|----------------|--------------------|------------------------------|-------------------------|
| | | Triple hop (n=18) | Crossover hop (n=23) | 6-m timed hop (n=15) | | | | |
| Return to Sport | | | | | | | | |
| Ardern et al, 2015 | | | | | | | | |
| Ebert et al, 2019 | | | | | | | | |
| Faleide et al, 2019 | | | | | | | | |
| Kitaguchi et al, 2020 | | | | | | | | |
| McGrath et al, 2017 | | | | | | | | |
| Moksnes et al, 2009 | | | | | | | | |
| Nawasreh et al, 2017 | | | | | | | | |
| Toole et al, 2017 | | | | | | | | |
| Webster et al, 2019 | | | | | | | | |
| Welling et al, 2020 | | | | | | | | |
| Patient-reported symptoms and function | | | | | | | | |
| Cristiani et al, 2020 | | | | | | | | |
| Culvenor et al, 2016 | | | | | | | | |
| Ericsson et al, 2013 | | | | | | | | |
| Filbay et al, 2021 | | | | | | | | |
| Logerstedt et al, 2012 | | | | | | | | |
| Mansson et al, 2013 | | | | | | | | |



